

You are not alone. You don't need to face this alone.

Has anyone made comments or advances, sexual or otherwise, that have made you uncomfortable?

This list includes people who are here to offer support, from formal to informal. It's your choice.

Confidential

These resources do NOT have to report to OEO. Everything you share with them stays between you. The only limits to their confidentiality are if someone says they are going to kill themselves or someone else, or if someone discloses abuse of a child (under 18) or an elder (60+).

Prevention, Advocacy and Resource Center (PARC) - Professional and Peer Advocates provide confidential support, information, and resources. They will not share anything you tell them with other offices without your written consent. They specialize in helping you decide what you want to do next.

24/7 hotline: 781-736-3370

Website: brandeis.edu/parc or **Email:** parc@brandeis.edu

Heller confidential resources (not sexual violence specific)

- Counselors in the Brandeis Counseling Center
 - **Heller's Community Therapist:** Sucheta Thekkedam, suthekked@brandeis.edu
- Clergy in the **Center for Spiritual Life**
- **Ombuds** – confidential, impartial, and informal resource; talk about any difficult situations and discuss potential solutions
 - **Ombuds:** brandeisombuds@brandeis.edu

Anonymous

No one will know that you reported what you shared. Brandeis might be limited in what they can do, but the information may help with another case against that person.

Anonymous Sexual Misconduct Reporting Form - Reports go to the Office of Equal Opportunity (OEO) but you do not share your identity. OEO will be aware of your report, but may be limited in their ability to respond. See below for other options to report to OEO.

brandeis.edu/reportit

Private

These resources respect your privacy, but sometimes have to share information. If you choose an investigation, the person you report will be told about the report, including your identity.

Brandeis Public Safety (or other police departments) – For imminent safety concerns and reporting crimes. **Emergency:** 781-736-3333

Office of Equal Opportunity (OEO) – For reporting sexual violence, discrimination, and harassment in the Brandeis community

Gender & Sexuality Center (GSC) – Community and support for members and allies of the LGBTQIA community.

Intercultural Center (ICC) – Fostering growth and awareness of the myriad cultures of Brandeis.

** Please note: except for those marked confidential, all Brandeis faculty and staff are required to report any sexual violence they witness or hear about to the Office of Equal Opportunity.*

This information has been designed and approved by Equity, Inclusion and Diversity at the Heller School, the Brandeis Counseling Center, and the Prevention, Advocacy & Resource Center.



Examples of confidential support you can receive from PARC:

- Help deciding which reporting options to pursue or not pursue (OEO, police, and more) by knowing what to expect.
- Accompaniment in making any reports you'd like to make.
- Support in filling out any paperwork or reporting forms.
- Help accessing a University No Contact Orders or court-issued restraining orders (to ensure that shared classes or other shared experiences are avoided).
- Securing temporary or permanent Brandeis housing assignment change or short-term, emergency on-campus housing for graduate students
- Transportation assistance for visits to the hospital, police station, courthouse, and more.
- Connections to Academic Services or Graduate Student Affairs to advocate for additional help navigating coursework, requesting extensions, working remotely, and more.
- Assistance with immigration and visa issues.
- Information about additional on and off campus resources.
- Safety planning for avoiding or coping with your perpetrator.
- Grounding techniques for handling stress and triggers.
- A non-judgmental, listening ear.

Available in person for drop-in's with a Peer Advocate, Mon-Fri, noon-5pm

- Usdan G-108 (to the right of Levin Ballroom)
- Available languages change each semester. For Fall 2019, advocacy is available in English, Spanish, and Hindi

For appointments with a Professional Advocate: email parc@brandeis.edu

- Available in English or Spanish

Or call our 24/7 hotline: 781-736-3370

- Available in English