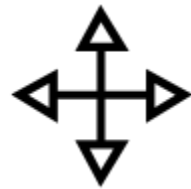


Navigating to Point B: Second Acts in Career Transitions

Christina Kwan, Transformational Life Coach



The Road **Uncovered**

WHO AM I AND WHY AM I HERE?

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START WHERE YOU ARE

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START WHERE YOU ARE

“FOLLOW THE CLUES TO
YOUR ULTIMATE PATH”

START WHERE YOU ARE

- What's that thing that would be so awesome but isn't realistic?
- What do I want out of this one life?
- What are my absolute non-negotiables in my lifestyle?
- What about my current job do I really love?
- What's important to me about the direction or ideas I'm thinking about pursuing?
- What is a moment or event I remember enjoying participating in or doing? What was important about it?

KNOW YOUR REASONS

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KNOW YOUR REASONS

“ARE YOU RUNNING AWAY
FROM SOMETHING?”

KNOW YOUR REASONS

- What is calling to you about the potential new track?
- What is the ideal life (outside of vacation)?
- Do you need more information to make a sound decision?
- Why do I want to do this? And do I feel good about my reasons?

THE LOWER LIMIT

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THE LOWER LIMIT

“WHAT ARE YOU WILLING
TO ENDURE?”

THE LOWER LIMIT

- What's the pain you're willing to endure to get to Point B?
 - Longer commute
 - Lower salary
 - Increased risk
 - Fewer opportunities
 - Time opportunity costs
 - Decreased potential for growth
- What's the pain you are already enduring? How does it compare to the pain of getting to Point B?
- Understanding this gives perspective on your available options.

MAKING CONNECTIONS WITHOUT AMBITION

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MAKING CONNECTIONS WITHOUT AMBITION

“THE MOST EFFECTIVE
NETWORK IS BUILT OUT OF
GENUINE CONNECTION.”

CINDERELLA'S SLIPPER

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CINDERELLA'S SLIPPER

“YOU WILL NOT KNOW THE
PERFECT FIT UNTIL YOU
TRY IT ON.”

COMMITTING

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COMMITTING

**“WHAT IS THE COST OF
NOT DOING THIS?”**

COMMITTING

- How long will you give yourself to prove out MVP (minimum viable product)?
- Can you dedicate the next 3 years of your life in pursuit of this endeavor?
- Are you willing to announce your intentions to your friends and family?
- Can you be ok with the idea that you will fail?

FINAL THOUGHTS

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FINAL THOUGHTS

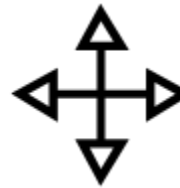
- You will fail.
- You will be uncomfortable.
- You will feel awkward and out of place.
- You will want to backtrack.
- You will want to go back to what was already “working.”
- You will make an absolute fool of yourself (if you’re doing it right).
- You will wonder if you will regret this decision.
- You will make mistakes.
- You will want to throw in the towel.

FINAL THOUGHTS

“WHEN THE DOUBTS COME, TAKE COMFORT THAT THEY ARE ALL PART OF THE HUMAN EXPERIENCE.”

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