



BeLIVE

Coaching & Consulting

BeIMPACTFUL

Program

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BeIMPACTFUL PROGRAM

Elevate your Communication Skills & Amplify your Power of Influence

INTRODUCTION

BeLIVE is a transformation strategy coaching and consulting practice that partners with clients and organizations to guide professionals to embrace their purpose, elevate their human potential, and thrive through personal empowerment. We specialize in leadership development, diversity & inclusion, high performing teamwork, purpose-driven culture mindset, resilient & agile behaviors, and brand identity development, key to maximize workplace performance, engagement and collaboration.

Our services include mind-shifting workshops and coaching solutions that transform from the inside out, fostering new skills, attitudes, and behaviors with clear action-driven blueprints that rapidly impact workplace performance.

PROGRAM OBJECTIVES

Inspire and guide professionals to elevate their communication skills and amplify their power of influence to increase cooperation & collaboration, manage conflicts effectively, strengthen relationships, build trust and impact overall performance.

During this program participants will:

- Identify their distinctive communication behavioral style.
- Understand their communication strengths, opportunities and blind spots.
- Improve relationships through shared understanding.
- Learn how to adapt their style to make conversations more productive.
- Develop a greater appreciation for the behavioral diversity within their organization, teams, and clients.
- Learn how to interact more effectively with others by adapting their behavior, pace, tone, and words resulting in improved team engagement and performance.
- Gain clarity on their most powerful motivators and drivers, critical to improve their professional performance and personal happiness.

METHODOLOGY

The **BeIMPACTFUL** Program includes:

- **Personal Assessment Online** (Value \$149) – Includes the certified and highly validated individual **DISC+VALUES** assessment from Innermetrix.
- **Detailed Individual Report** including Self-debrief guide and exercises.
- **Online Module 1:**
 - Learn the different behavioral styles people use when communicating with others.
 - Gain self-awareness of participant's distinctive behavioral style and discover how to adapt to maximize interactions, improve people management, manage conflict and develop a stronger leadership style.
- **Online Module 2:**
 - Participant will identify the key drivers that motivate them: WHY they do what they do.
 - Explore how to increase their motivation by amplifying their drivers.
 - Recognize how to strengthen their leadership skills by motivating and managing others more effectively.
- **Detailed Workbook and Action Plan** – Establish a clear action plan to maximize their communication style, enhance interactions and positively impact their performance
- **Private 75min Coaching Session** – Review "aha" moments, action plan, and explore potential barriers or challenges to move forward.

BONUS:

- 15Day additional coaching support via email and obtain recommendations to enhance communication style.
- **Downloadable Guide** with tips and recommendations that can be used in your everyday interactions and improve relationships, leadership and performance.

PROGRAM INVESTMENT:

- Original Investment: \$249 / Person
- Special investment for Segal Fellows: \$124 / Person (50% discount)



ILHIANA ROJAS SALDANA

TRANSFORMATION STRATEGY COACH & CONSULTANT

Inspiring and guiding clients to create strategies that will help achieve professional & personal success through powerful self-transformation.

As a Transformation Strategy Coach and Consultant, Ilhiana works with clients who feel they can achieve more in their personal and professional life but are not sure how to move up to the next level. Through her programs and workshops, she has **guided clients through career acceleration to next level positions, professional development, career change exploration, and starting & growing their own business.**

She has over 20 years of Executive experience in top 500 companies leading, coaching and mentoring professionals, teams and businesses into success. Her expertise includes refining **leadership qualities, career path planning, strengthening personal skills, fostering corporate culture mindset & behaviors for next-level positions, personal branding and business development.** Through her coaching, Ilhiana helps clients **overcome barriers and build self-confidence** as she provides tools and strategies to achieve positive changes in their personal and professional life.

Ilhiana is a **Certified Professional Coach** by the ICF (International Coaching Federation) as well as a **Certified DISC+VALUES Coach** by the InstituteSuccess. She is also an **Executive MBA Career Advisor** for Hult International Business School.

Ilhiana's passion for connecting back to her community has led her to become actively involved in different Diversity & Inclusion initiatives with a focus to empower the Hispanic population. She is currently a Board Member of ALPFA (Association of Latino Professionals for America) Boston Chapter; as well as Vicepresident of the Rhode Island Hispanic Chamber of Commerce. Furthermore, Ilhiana serves as an advisor for the Center for Women & Enterprise (CWE), Social Enterprise Greenhouse (SEG) and Diversity & Inclusion Professionals (DAIP) to support their Diversity & Inclusion & professional development initiatives and programs.

CLIENTS, PARTNERS & COLLABORATIONS

