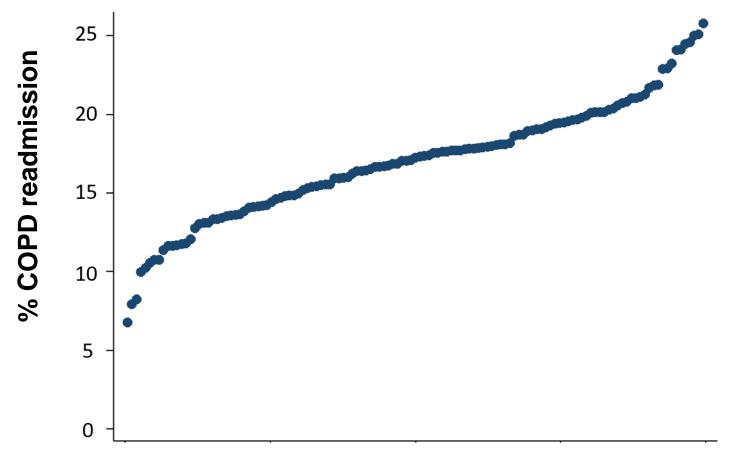
# Relational Coordination & COPD Readmissions: A Positive Deviance Study

Seppo Rinne, MD, PhD Assistant Professor Boston University, School of Medicine

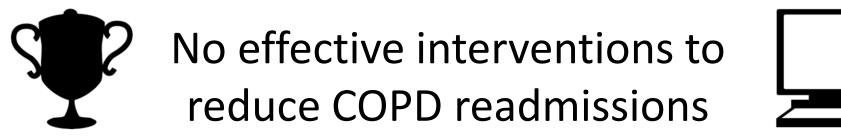


### Wide variation in COPD readmissions



**Hospital rank** 





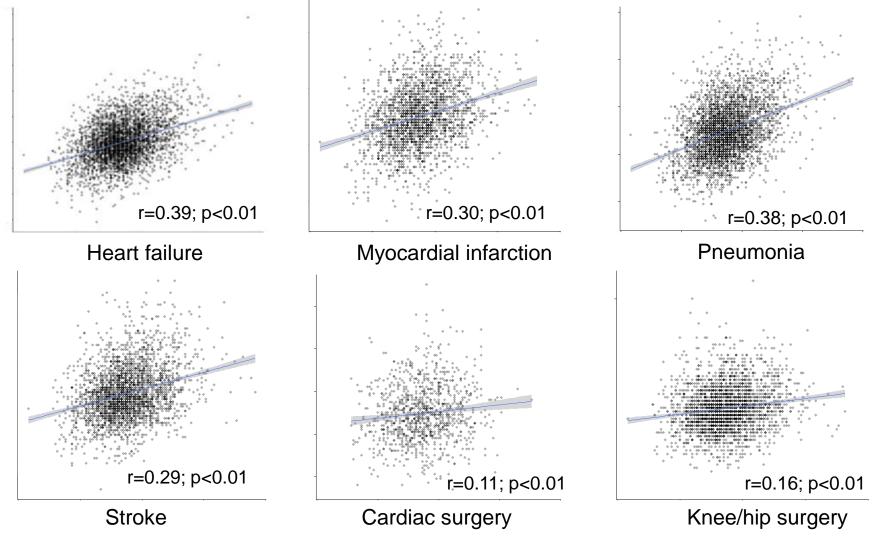






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# Yet, COPD readmissions *are* associated with other quality measures



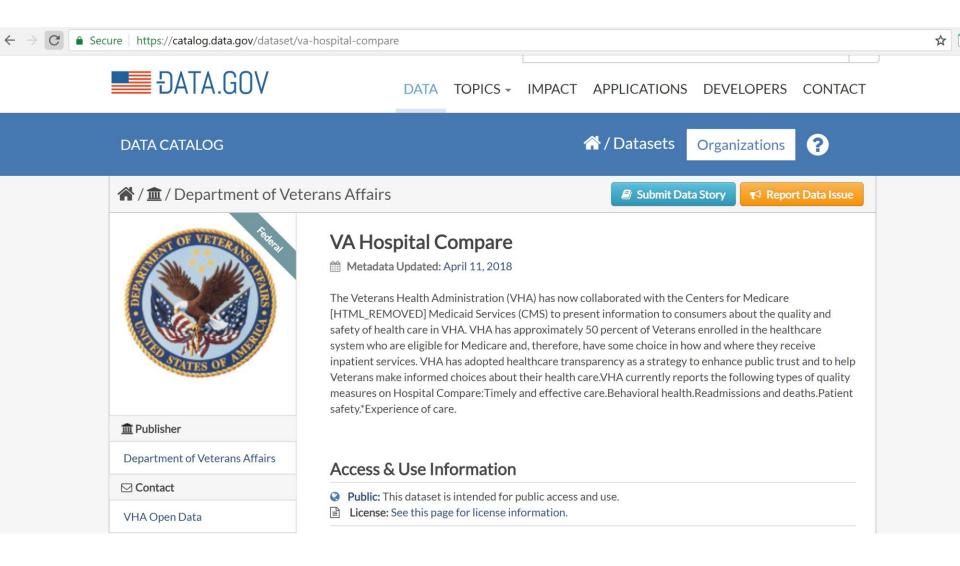
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# Positive deviance study design

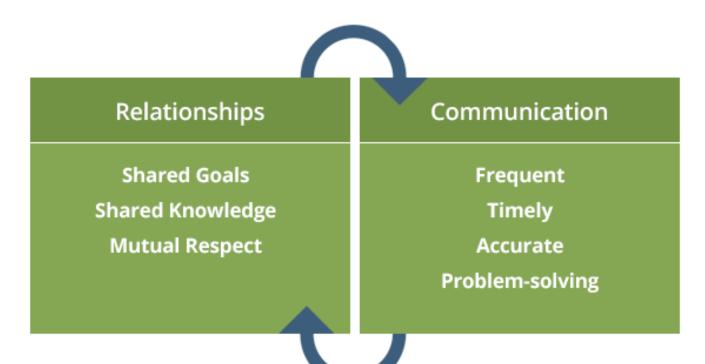
- Boston Globe originally described in 1974
- Work by Sternin & Sternin for Save the Children in Vietnam
- In searching for solutions to malnutrition, they studied the "positive deviants"
- Identified health behaviors that improved nutrition

## Identifying high vs. low COPD performance

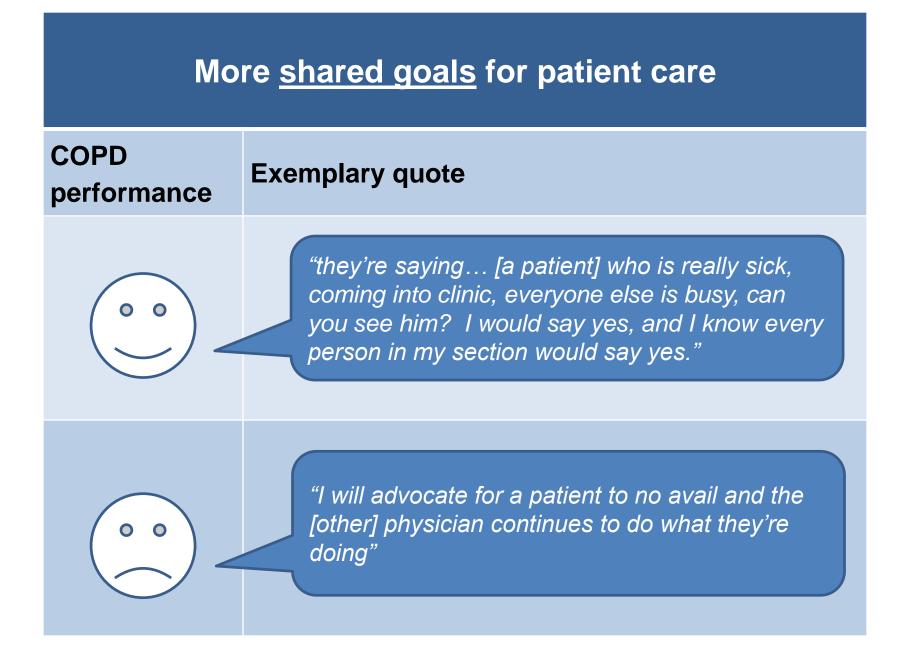


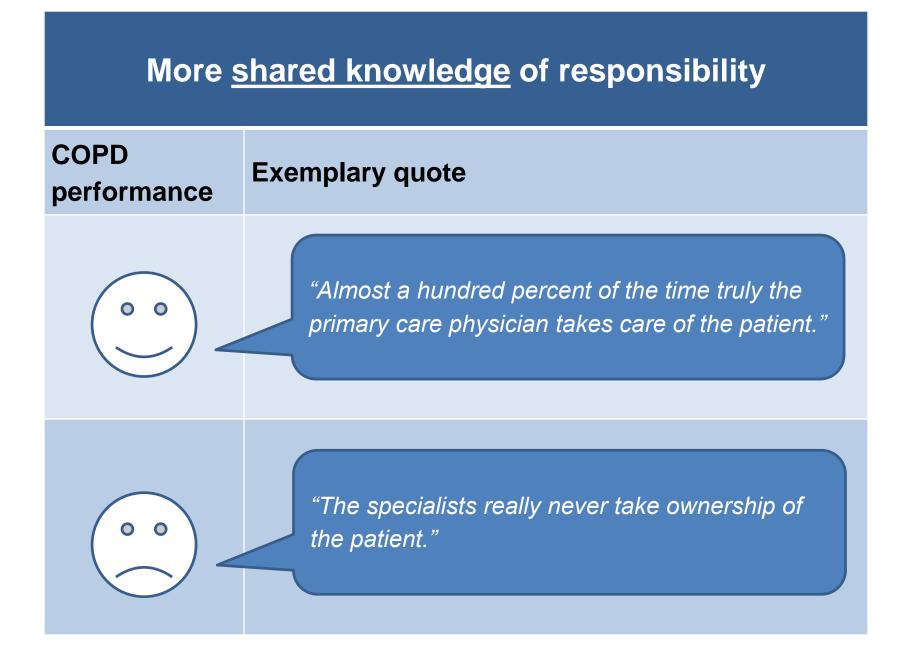
## All sites had programs to reduce COPD readmissions

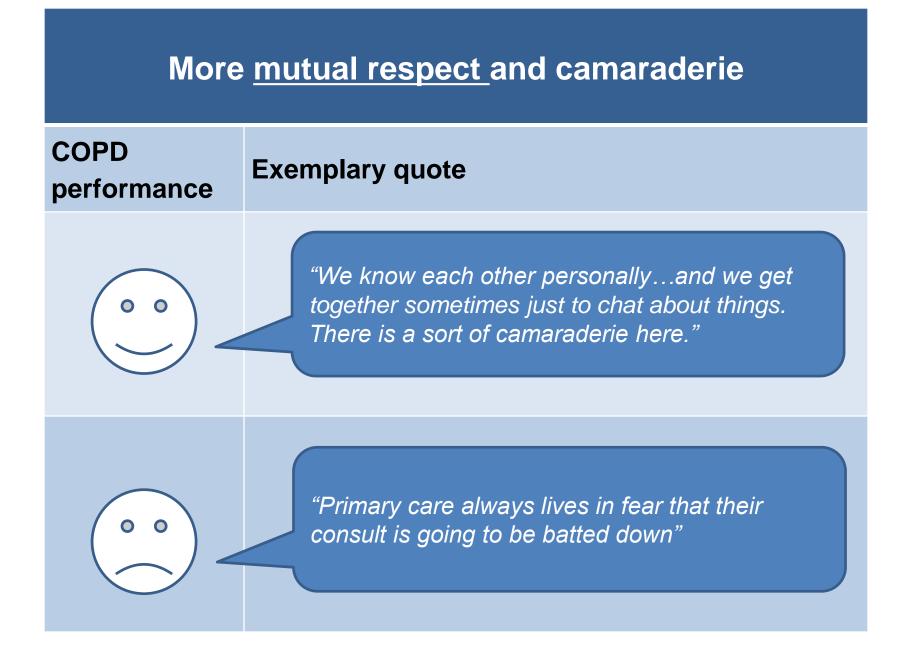
COPD Performance	COPD structures and protocols
High performing sites	COPD post-discharge clinic; inpatient
	patient education
	COPD coordinator; patient education; COPD telehealth
	COPD-nurse; Tele-rehabilitation;
	COPD bundles
Low performing sites	Case management; patient education;
	COPD order set
	Early palliative care consult
	COPD post-discharge nurse

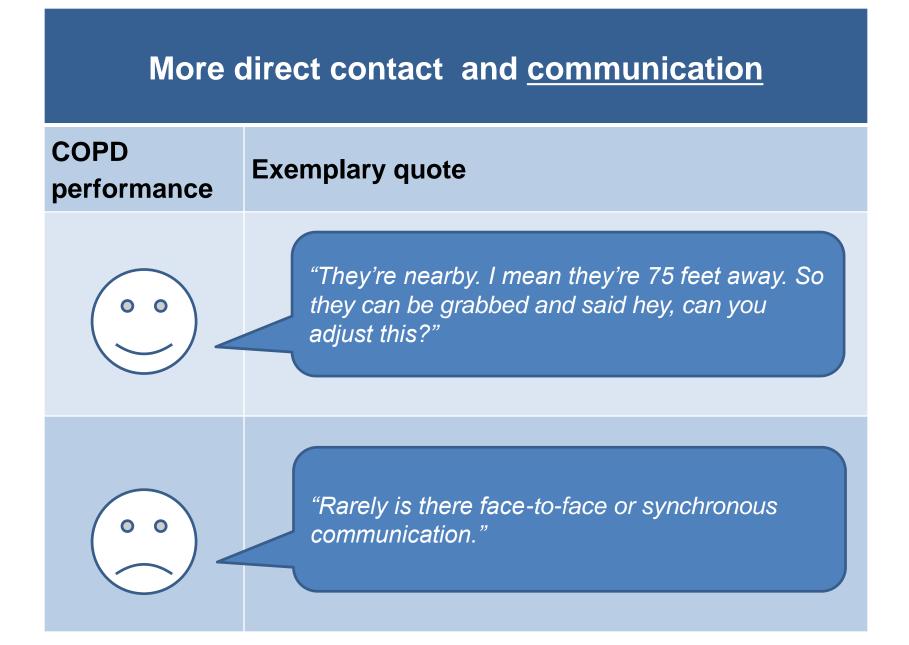


- More shared goals for patient care
- More shared knowledge of responsibilities
- More mutual respect and camaraderie
- More high quality communication











#### Relationships

Shared Goals Shared Knowledge Mutual Respect

#### Communication

Frequent

Timely

Accurate

**Problem-solving** 

# Acknowledgments

- A. Rani Elwy, PhD
- Renda Wiener, MD MPH
- Kirsten Resnick, MPH