Conversations of Interdependence

What it is?

Conversations of Interdependence are conversations prompted by a set of questions that help us gain understanding of each other's work and of the impact we have on each other. - how we make each other’s work easier or harder. When teams make conversations of interdependence a regular part of their work routine, everyone gains a richer systems perspective, understanding how their own work fits into the larger whole. They also become more engaged and more self-managing, better able to improve work processes on their own.

What is it used for?

Conversations of Interdependence are used to:
- Build interdisciplinary visibility into interconnectedness
- Fostering cross-functional awareness and understanding
How to have conversations of interdependence

1. Pair off with a colleague

2. Take 5 minutes each to ask each other the following:
   - What do I do in my role that makes your job easier?
   - What do I do inadvertently that makes your job harder?

3. What can you do differently as a result of what you just learned?

4. When does our work seem to be well aligned, and when do we seem to at cross purposes?