

Implementing a statewide community drug checking program: Opportunities, Challenges, and Successes

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## **Objectives**

- Describe the rationale for and basic characteristics of community drug checking
- Name elements of one statewide initiative in community drug checking
- Enumerate three key opportunities, challenges, and successes of a statewide drug checking program
- Orient to available tools and resources for community drug checking implementation

## Drug Supply

- Drug supply is a major determinant of drug related death
- Knowing a drug's content informs our responses
- Only known after a death, hospitalization, arrest, and often way too late to be informative, *rarely shared publicly*
- A strategy that boosts samples to toxicology and forensic labs risks overwhelming and delaying an already taxed and critical structural lab system
- Field-based tools exist and people can be trained to use them
- Protecting consumer safety is a proven prevention approach



## Why do Drug Checking?

Improves safety of the drug supply (Evidence: European, darknet studies) Decreases violence in drug transactions Improves consumer knowledge and confidence Fewer unsafe adulterants/cuts Stabilizes market

Provides an opportunity for empowerment, health promotion, consumer behavior change (Evidence: FORECAST, Fentanyl Test Strip studies)

Promotes health and dignity of people who use drugs With knowledge and interaction with harm reduction staff, people change behaviors

Engagement tool for new, hard to reach populations (Evidence: RIZE MA evaluation, Peiper et al.)

Increases in program utilization, program contacts when coupling drug checking at outreach with existing medical and harm reduction services



# Community drug checking focuses on supply effects for people using drugs

Hoffer, Lee & Bobashev, Georgiy & Morris, Robert. (2009). Researching a Local Heroin Market as a Complex Adaptive System. American journal of community psychology. 44. 273-86. 10.1007/s10464-009-9268-2.

Pearson G, Hobbs D (2001) Middle market drug distribution: Home Office research study no. 227. Home Office, London.

## **Does drug checking save lives?**

#### "We got us an FTIR machine and the first person's life. It saved was mine.

Without [it], well...they changed the batch that I was using, the other stuff it had, well-- I was trying to get into a methadone clinic but I was not successful. I could not get above 40mg but the thing was, I couldn't do what I needed to do so that [using fentanyl] seemed like the answer. One day they changed the batch, it was too strong and we had just got the machine and learned how to use it, and I told my partner, 'I need to go to the office a fill need you to test it, there is something wrong.'

And before I could, even, like within minutes, he called, and he's like, 'Don't do anything else. Don't do another drop. Flush it down the toilet. I'll be home in a second and I'll explain to you what's going on. We've got a problem.' And then he began to tell me all about the side effects [of xylazine] and all of the things that were happening to me that I was seeing happen and I just didn't understand."

Louise Vincent, Executive Director, NC Urban Survivors Union and National Survivors Union. Source: Narcotica podcast, April 20, 2023

### Stages of Community Drug Checking Program Implementation

*Early-on* (We want to get it!)

Picking the instrument and parallel testing approach

Determine level of uncertainty and reporting delay you are comfortable with

Budgeting: machine, operator, libraries, maintenance, immunoassays (e.g., FTS, benzo strips), confirmatory lab, materials, mailing/mileage

Determining operator, location, space and power sources

Legal considerations, site liabilities

Data storage, safety and access

## Community Drug Checking Program Overview

#### "Massachusetts style"

Samples provided from harm reduction partner site/police department and gather situational and subjective information

Scan sample with FTIR (on-site), test with fentanyl/benzo/xylazine test strips (on-site), send for additional lab testing (off-site) and review by medical toxicologist Report out findings to partners, submitter, communities and the state



MADDS: Massachusetts Drug Supply Data Stream







Drug checking has been a powerful tool for those we serve to make more informed decisions around their drug use and health, and also for us as harm reduction and medical providers in order to better adapt and tailor the care we provide.





Allyson Pinkhover, Director of Substance Use Services, Brockton Neighborhood Health Center

## Flexible Models: Mobile & Stationery Sites

### Current Community drug checking program sites\*

PURPLE=**MADDS**, Massachusetts Public Health Dept – 15+ sites

GREY=Sites in progress

YELLOW = NIH- and FORE-funded research projects

RED=I-91 project (Overdose Response Strategy, ONDCP/CDC Foundation) – 5 sites

\*Data from all sites pooled on StreetCheck for transparency and sharing



#### Real-time









#### Bruker Alpha FTIR

Fentanyl, Benzo, Xylazine Test Strips GCMS/LC-QToF by off-site lab

Medical Toxicology Consultation

CISIC The Center for Forensic Science Research & Education

## Test with tools, interpret with care

#### 2-3 weeks, complete testing









## Talk to the donor to learn more!



What was it like? Tell us more! Information from people who use drugs can help us get better and quicker results. We ask:

- What was the sample expected to be?
- How was it used? (injected, sniffed, etc.)
- Expected OR unexpected reactions (how "normal" was it)?
- Context information
- Health problems experienced after use (abscess, seizure, overdose)
- Anything else you/they think is important







#### In-person Trainings: Essential!

- Hands-on, team-based
- Interactive, scenario-based

#### **On-going Trainings & Supports**

- Tips, tricks, process job aides
- Supervision and internal feedback
- Learning cohort
- Drop-ins and touch-bases
- Advanced topics to apply/reach learning
- Refreshers, re-trainings



Resources

Q&A

Trends

Get App



StreetCheck Web App www.streetcheck.org



#### Input data, receive results with a community designed application

Collector-Operator-Administrator Groups (community programs), Tenants (states) +Public-facing trends, limited anonymous sample data

	Home	
( I)	поше	

🎎 Manage Portal

🍇 Manage Roles

**9** Manage Users

Manage Content Modules

Manage Dictionary

> Manage Labels

Samples → Manage Samples

Untested Samples

Initial Samples

Tested Samples

Complete Samples

All Samples

Lee Reporting

Sample	ID	$\uparrow \downarrow$	Laboratory Code $\uparrow\downarrow$	Laboratory $\uparrow\downarrow$	Status 斗	Collected By 1	Collected On $\uparrow \downarrow$	Modified On $\uparrow \downarrow$	Actio
	HST_678				Untested		02/22/2023	02/22/2023	2
HT JAJ	HST_683				Untested		02/22/2023	02/22/2023	C
0	MA589				Untested		02/22/2023	02/22/2023	C
0	NHT_0639	9			Untested		02/22/2023	02/22/2023	
0	HST_0709	9	1238		Initial ssachusetts		02/22/2023 Massachuse	02/22/2023	
NIR.	NHT_0638	3	1209	<ul> <li>Home</li> <li>Manage Portal</li> <li>Manage Roles</li> <li>Manage Users</li> <li>Manage Content Modules</li> <li>Manage Dictionary</li> <li>Manage Labels</li> </ul>	Seven Hills Seven Hills SSTAR Tapestry Tapestry Total Sample	Organization Location Fall River New Bedfor Fall River Greenfield Northampt S	n Count of Samples A 3 rd 36 44 154 on 187 3058	Sample Origin Breakdov 1.4% 2.6% 1.4% 24.9% 1.4% 24.9% 1.6% 5.1% 5.1% 5.1% 5.1% 5.1% 5.2%	Avn Sample Origi • Boston • Lynn • Lawrence • Pittsfield • Quincy • New Bedfor
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 Presence of Xylazine in Samples - Over Time	Presence of Fentanyl in Samples - Over Time	Combinations of Active Cuts Detected in Samples - Over Time	Active Cuts Detected by Primary Chemical			
	.III					
Inactive Cuts Detected by Primary Chemical	Expected vs Detected Primary Chemical	Most Common Active Substances Detected by Sample Origin	Breakdown of Fentanyl Analogues Detected			
Results	All community partner sites fully operational Over 1000 samples collected and tested across the MA project sites per year All data and quick reports publicly accessible on Streetcheck.org by location, or together Community partners track their own performance & see					
	their specific data					



Xylazine 
• Positive • Negative

## Xylazine Prevalence in Opioids

- Across CT, MA, VT samples
- Primarily opioid samples over time
- Detected as pills (M30, Percocet) and powders (heroin/dope/fentanyl)
- Places with known cocaine contamination with fentanyl seeing xylazine+fentanyl in cocaine
- Some local trends: brown or color used to differentiate from white powders, xylazine present only in pill form, ratios increasingly X>F at 2 parts X:1 part F to 3 parts X:1 part F

## **Typical sample**



	Analysis
	TXX TXX
DZ.	100 200 700 700
· ·	70

FTIR Results	
Substance	Component
Lactose	Major
Mannitol	Minor
Fentanyl / Analogue	Trace
Xylazine	Minor

## (Initial) Location Massachusetts Awaiting Laboratory Analyzis

Awaiting Laboratory Analysis

Initial Analysis



- This sample probably contains mostly 'Lactose' with 'Mannitol, Xylazine' and trace levels of 'Fentanyl / Analogue'
  - Injected: normal, nothing out of the ordinary
  - Weaker than old dealer but consistent with new dealer
  - Normal experience, all from same dealer, same day use

Drug checking: more than just alerts

What is "normal", what can be expected

Promotes dignity, awareness, selfcare

Learning opportunity

## **Atypical samples**

#### **March 2023**



#### Wk 1: Not yet used

Active Component	Ratio	Ac
Xylazine	200	Xyl
Fentanyl	100	Fei
4-ANPP	50	4-A
Heroin	1	
FTIR Results		

Substance	Component	Substan
Xylazine	Major	Xylazine
Fentanyl	Major	Fentanyl
Mannitol	Minor	Mannitol



Wk 2: Used, stronger than usual, developed abscesses

Minor

nponent	Ratio	Active Component	Result
	200	Xylazine	5
	100	Fentanyl	2
	50	4-ANPP	1
esults	1	FTIR Results	
	Component	Substance	Component
	Major	Xylazine	Major
	Major	Fentanyl	Major

#### April 2023

#### Wk 5: Multiple overdoses (nonfatal, fatal)

Active Component (Relative Ratio)	Result
Xylazine	8
Fentanyl	2
4-ANPP	1

#### **FTIR Results**

Substance	Component
Xylazine	Major
Fentanyl	Major
Mannitol	Unknown



- Injected: stronger than usual, tasted and smelled like CHEMICALS.
- No "dope rush", just went out. Only used 3 bags vs. usual 5-10. On second use, felt foggy, hard time walking.

HST_0712 (	Complete)
assachusetts	Suspected Suspected Hero
Completed Analysis	This sample was confirmed by the laboratory to contain Xylazine (8), Fentanyl (2), 4-ANPP (1)
Key Finding	js
	<b>JS</b> is associated with several severe overdoses in the local area. Please take care and keep plenty of naloxone with you!!

#### MADDS Advisory Board

- 6 people, independent of MADDS
- People who use drugs, harm reduction providers, analytic chemist, drug suppliers
- Compensated, confidential, oncall
- Has own charter, coordinator
- Can task MADDS team for further study
- Meets regularly and as needed, reviews data and trends
- Recommends and reviews all alerts, bulletins
- Defines audience
- Points to next steps



## Lessons learned: Can community drug checking be adapted to other states, rural areas?

- Interfaces with mobile outreach work well
- Can fit into clinical space, phlebotomy space, office space, big or small
- Harm reduction, community staff can be trained to conduct all aspects of program
- Mailing samples is less preferable to real-time testing and should be available to all, especially rural partners



## Lessons Learned

Community harm reduction organizations are true experts and do amazing things with this tool in their toolbox

• "We've learned it's important to offer drug trash checking services before someone consumes a substance, as well as after there is an adverse health event. Testing before use helps people to make informed decisions about what they are putting in their bodies and we can use this information to reduce risk of overdose. Testing after use is beneficial for information purposes and for research purposes related to the drug supply. Both are important and have value!"

## **Addressing Barriers and Challenges**

"The biggest <u>barriers</u> or challenges we face with this are probably stigma and fear of perceived consequence by the person getting their drug trash tested."

- Trusted, community partner leads
  Secure highest level legal and other permissions as possible to protect staff, participants
- Invest in collaborations, communications with public health and public safety

- Responded to inquiries about legislative action
  Business cards, incorporate into outreach messaging
  Provided small incentives (\$5 giftcards) to support outreach team's initial discussions

#### **Barrier: Permissions and MOUs**

- Memo (CT, MA)
- State's Attorney's meetings (VT)
- Tenacity and persistence

<u>Barrier:</u> Supply chain delays in instruments, supplies
Mail-based initial sample collection





https://legislativeanalysis.org/model-fentanyl-teststrip-and-other-drug-checking-equipment-act/

## How people use the data

"We are using our drug trash checking results to create different forms of communication to people who are at risk of overdose to inform them about what is in their substances. In addition to testing samples for people who use drugs, there is also value to testing samples and sharing results with people who sell drugs. For example, during a nationwide Adderall shortage, one person who took part in the drug checking initiative learned that what they were selling were pressed meth pills. Since learning this, the person informed the people purchasing the Adderall pills what is actually in them. In turn, the people purchasing them are now better equipped with understanding what they are putting in their body and how it will affect their body differently."

## How people use the data

"We use our results to inform participants of trends, monitor above average fentanyl surges, and tailor or pivot our outreach (ex. adding more wound care or focusing on an area with high overdose rates)."

Supply caretaking: To explore local drug market trends (dilution, adulterating), reflect back anomalies, and also share helpful actions that suppliers are taking or could take.

## How people use the data

Developing new partnerships, reaching new demographics of PWUD to share information, drug checking services, and connecting to other harm reduction services and materials

- More racially and geographically diverse groups of PWUD
- PWUD by different routes of administration (oral, insufflation) who may not otherwise attend SSPs

### Request TA on the OD2A-TAC website's Technical Assistance page





Scan this to take you to the TA page now.



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Tech	nical Assista	ance				

Home > Technical Assistance

Technical Assistance (TA) is freely available to OD2A Recipients. Your DOP support team can provide TA or identify other subject matter experts to help you implement and evaluate your OD2A surveillance and prevention strategies.

Please contact your OD2A project officer or click the button below to submit a TA request.

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Browse their descriptions and capabilities. Browse summaries of their support activities.

## Thank you! Questions? Contact tracigreen@brandeis.edu Beccaolson@brandeis.edu

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#### Implementation and Uptake of the Massachusetts Drug Supply Data Stream: A Statewide Public Health-Public Safety Partnership Drug Checking Program

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#### ABSTRACT

**Context:** The illicit drug supply is rapidly evolving. Equally important to gathering drug supply data for monitoring is timely sharing of information with people who use drugs, the providers who care for them, law enforcement partners, and public health stakeholders so that efforts to avoid harmful substances, take preventive actions, and better target interventions can occur.

**Program:** The Massachusetts Drug Supply Data Stream (MADDS) is the country's first statewide community drug checking program. Founded on public health-public safety partnerships, MADDS collects remnant drug packaging and paraphernalia with residue from people who use drugs and noncriminal samples from partnering police departments. MADDS tests samples using simultaneous immunoassay fentanyl test strips, Fourier-transform infrared spectrometry (FTIR), and off-site laboratory testing by gas chromatography-mass spectrometry (GC/MS). Results are accessible to community programs and municipalities, while trend analyses inform public health for cross-site alerts and informational bulletins.

**Implementation:** MADDS was launched statewide in 2020 and rapidly expanded to a multisite program. Program staff approached communities and met with municipal police and community partners to secure written agreements to host drug checking. Community partners designed sample collection consistent with their pandemic era workflows. Consultations with stakeholders gathered feedback on design and deliverables.

**Evaluation:** The program tests sample donations on-site from community agencies and police departments, incorporates review by a medical toxicologist for health and safety concerns, crafts stakeholder-specific communications, and disseminates English, Spanish, and Portuguese language materials. For 2020, a total of 427 samples were tested, of which 47.1% were positive for fentanyl. By early 2021, MADDS detected shifts in cocaine purity, alerted communities of a new toxic fentanyl analogue and a synthetic cannabinoid contaminant, and confirmed the increase of xylazine (a veterinary sedative) in Massachusetts.

**Discussion:** Community drug checking programs can be collaboratively designed with public health and public safety to generate critical health and safety information for people who use drugs and the communities where they live.

KEY WORDS: consumer safety, drug checking, fentanyl, harm reduction, overdose

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