Figure 1. Multivariate Relative Risks of Death in Relation to BMI among Men.
In each panel, the lines are natural cubic splines showing the shape of the dose–response curve for mortality according to BMI on a logarithmic scale. Relative risks are given by the ratio of the risk of death at each BMI to the risk at a BMI of 25. Data included are from the Nurses’ Health Study and the Health Professionals Follow-up Study.