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Massachusetts Healthy Aging Collaborative Update and Vision

Walter Leutz, Ph.D.

Associate Professor

Nicole, Schneider, M.S.W., M.A. Ph.D. Candidate

Heller School of Social Policy and Management Brandeis University



The Talk

- The collaborative's model of healthy aging
- Progress and current status
- A practical model for going forward
- Reflections on where we've come





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Issue Brief 3

<u>Questions</u>:

- What's happened in MA with HA in last 3 years?
- What is the "collaborative"?
- How do we move forward?

Methods:

- Review of minutes, reports, proposals, policies
- 14 interviews



What's happened in 3 years?

- Meetings: Steering committee and subcommittees
 - Communities
 - Evidence-based programs
 - Public awareness
- Leadership: State agencies, THPF, providers, advocates, and others
- Broad and loyal participation
- Funding: key federal grants



Healthy Living Center of Excellence

- Hebrew Senior Life & Elder Services of Merrimack
 Valley
- Statewide network of Evidence-based HA programs
- Key support from EOEA
 - Aging network agencies organize and host classes
 - 2,784 CDSM participants in ARRA grant
 - New ACL(AoA) funding through 2015



Healthy aging communities activities

- DPH leadership and restructuring to support healthy communities
 - New Division of Prevention and Wellness
 - Grants from CDC and others support Mass in Motion in 52 communities
- Local healthy communities models
 - Brookline CAN
 - Boston Moves for Health



A two-part practical model to move forward

1. A statewide system of evidencebased programs

2. A model for fostering healthy communities



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A Model for a System of Evidence-Based Healthy Aging Programs



A Model for Healthy Aging Communities





Reflections on questions from Issue Brief 1

- Question 1: Will the partners in this system collaborate?
- Answer: Yes
 - Not through making a unified plan and getting funds
 - Yes through meeting, sharing, proposing, building pieces, finding funding, and commitment to the vision



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Reflections

- Question 2: Will the health care system pay?
- Answer: Not yet, but that's OK for now



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Question 3: Can the Aging Network maintain this infrastructure?

