

Take Control of Your Health



New Jersey's Model for Delivering the Chronic Disease Self-Management Program

Vision for Sustained Delivery System

Take Control of Your Health available
statewide, accessible both
geographically and culturally.



Strategy

Methodology: *Shared* implementation and oversight through state-government *led* infrastructure. Broad partnerships for local delivery.

Leadership: NJ Department of Health and Senior Services, Division of Aging and Community Services (SUA)



State Government Partners

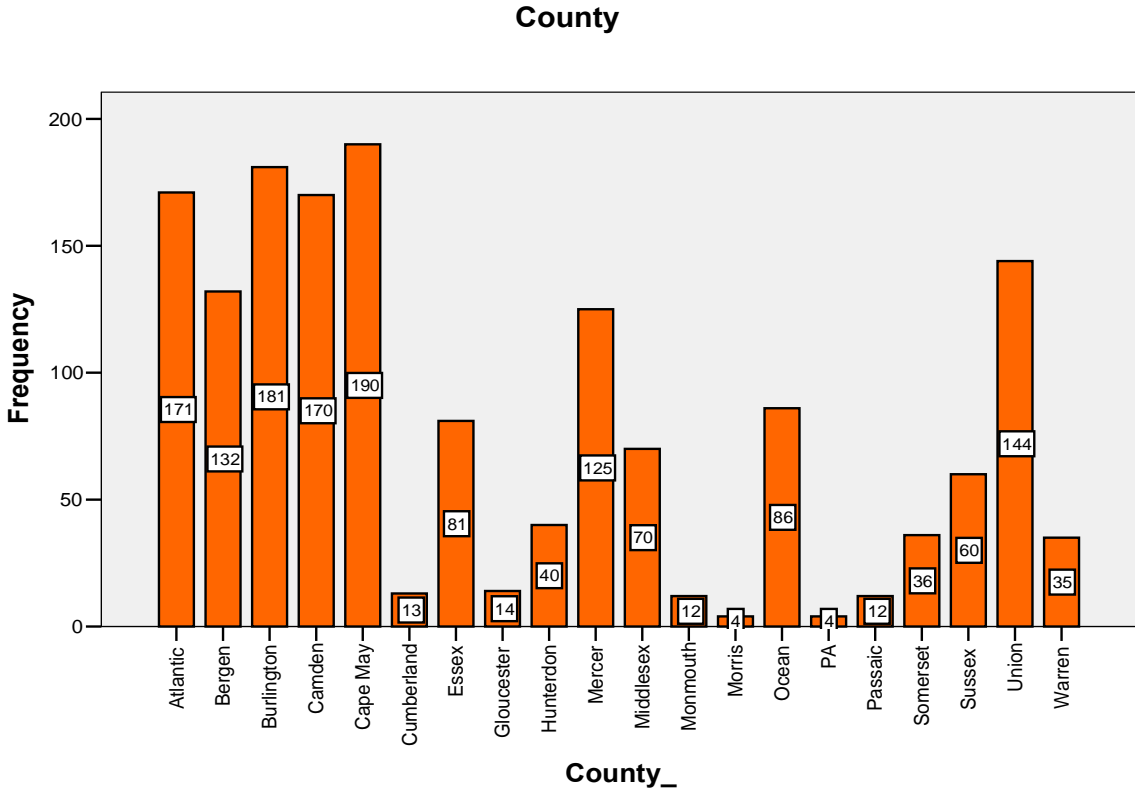


Infrastructure Building Blocks

Strategic Partnerships for Reach	Policy	Strategic Partnerships for Implementation	Tools
Community Partner Agencies (100+)	Title III D Policy	AAAs, Health Depts.	Operational Guides (ML and PL)
Minority CBOs (multiple languages)	OAA Title III Taxonomy	RSVP	Agency Orientation
NJ Prevention Network	Public Health Practice Standards	Senior wellness/ membership programs	Online Newsletter, Website, Hotline
Medicaid/Horizon BC/BS	DHS: Division of Addiction Services	SCSEP	Fidelity/quality protocol



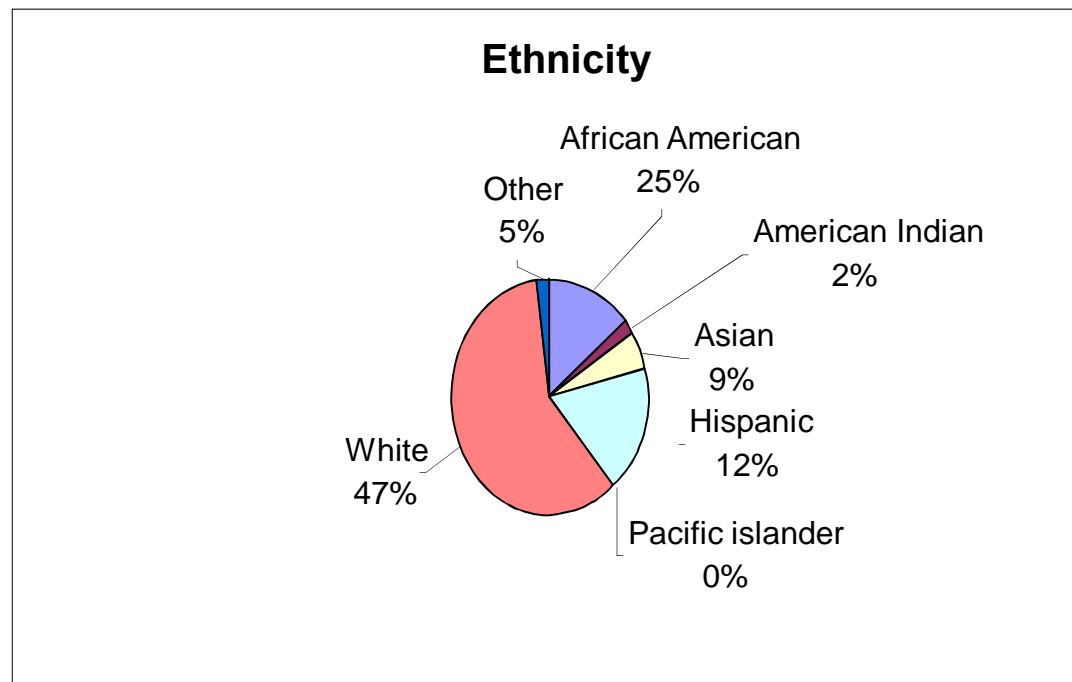
Statewide Distribution of Participants Through January 2010 (1,580)



Reach to Diverse Populations

Languages

English
Spanish
Korean
French Creole
Chinese (M, C)
Hindi



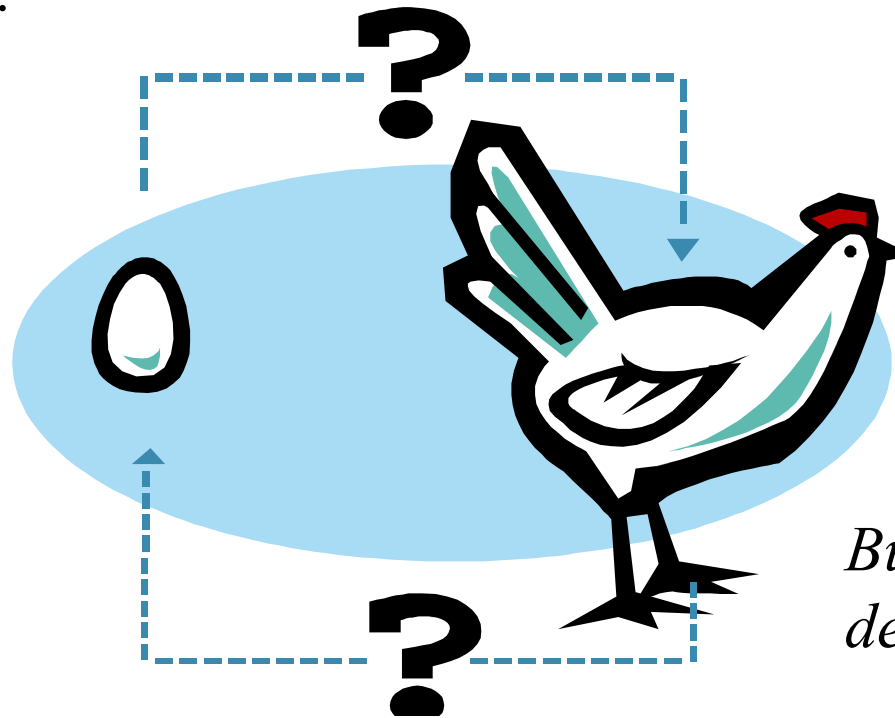
Funding

- É AoA Evidence-Based Program Grant
- É National Council on Aging Sustainable Systems Grant
- É Staffing Support through other Federal, State and Local sources
- É Chronic Disease: Minority and Multicultural Health, Diabetes, Heart Disease and Stroke, Rural Health, Primary Care
- É OAA Title III D
- É RWJ Foundation Health Literacy Grant and local Foundations



Under ARRA

Expand capacity?



*Build
demand/referral?*



Expand Capacity

- É Competitive grants for regional implementation
- É Technical assistance for languages other than English
- É Develop Leadership (AAAs, Health Depts.)
- É Nurture Peer Leaders/Master Trainers



Sustained Referral Systems

AAA/ADRC

- É Integrate into I&A and care management protocols
- É Train staff
- É Develop model for replication
- É NJ Care Transitions Project (NJ QIO)
- É Medicaid Waiver

Primary Care

- É UMDNJ School of Nursing
- É NJ State Nurses Association
- É FQHC ó Model for DSMP



Quality

É Master Trainer Fidelity In-Service ó May 2010

É Fidelity Protocol

ó Includes process for monitoring PLs and MTs

É Multi-Site License



For More Information

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