



Are you a mom?



**Do you have an
intellectual
or developmental
disability?**





**Are you 18 years
old or older?**



**Did you have a
baby in the last
5 years?**



**Do you have
happy or good
stories to tell
about being a
parent?**



**If you said YES to
these questions,
people want to talk
to you about your
parenting stories.**



**You will tell your
story to people
called researchers.**



**The researchers
work at a school
called Brandeis
University.**



**Researchers ask
important questions
to learn about
things we don't
know a lot about.**



**People don't know
a lot about parents
with disabilities.**



**The researchers
want to learn more
about parents with
disabilities.**



**Call or email the
researchers if
you want to tell
your story.**



**The researchers will
pick people to tell
their parenting
story.**

**They may pick you
to share your story.**



**If you get picked,
you will talk to
the researchers
on a video call.**



**Why should
you share your
story?**



**You get a \$50
gift card.**



You help other people with disabilities know what being a parent can be like.



Your story helps make services and supports better for parents with disabilities.

**Do you want to tell
your parenting story?**

If you said yes,

Call 1-781-736-5328

OR

email MiriamHeyman@Brandeis.edu

**Say that you are interested in the positive
parenting study.**

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Mental Health and Intellectual and Developmental Disabilities**