Compass Financial Stability and Savings Program Pilot Evaluation

November 2011

Prepared for

Compass Working Capital Boston, MA

Prepared by

Delia Kimbrel, Project Manager Institute on Assets and Social Policy The Heller School for Social Policy and Management Brandeis University, Waltham, MA





Compass Working Capital

Compass Working Capital ("Compass") provides incentive-based financial coaching and savings programs that help low-income families access opportunities, build assets, and achieve their financial aspirations. More broadly, Compass seeks to catalyze and expand asset building opportunities for low-income families by sharing innovative, replicable ideas that help place families on the pathway to economic security.

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Institute on Assets and Social Policy (IASP), Brandeis University

The Institute on Assets and Social Policy is a research institute at the Heller School for Social Policy and Management at Brandeis University, dedicated to promoting a better understanding of how assets and asset-building opportunities improve the well-being and financial stability of individuals and families left out of the economic mainstream. IASP pursues its mission through original research, policy analysis, program evaluation, technical assistance, community engagement, organizational capacity building, and leadership development.

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EXECUTIVE SUMMARY

The social and economic costs of persistent poverty and of families unable to achieve financial stability are significant not only for the families themselves, but also the communities and the states in which they live. Thriving communities and flourishing families, contribute to the local, state and national economies. They also give the next generation the footing to build stronger, more economically secure futures.

Aimed at helping low-income families save and build assets, the Compass Financial Stability and Savings Program is an innovative variation on the U.S. Department of Housing and Urban Development (HUD) Family Self-Sufficiency (FSS) program. Created in 1990, the HUD FSS program is an employment and savings program for families who receive federal housing assistance with the intent of helping families progress toward self-sufficiency by reducing disincentives to working and assisting low-income families acquire valuable savings. Through a successful partnership with the local housing authority, the non-profit agency, Compass Working Capital, has designed a potentially higher impact model for the FSS program that is distinguished by the provision of financial education and coaching and asset building strategies that tap into family's positive aspirational goals. By promoting critical financial skills and inspiring motivation, it holds the promise of helping families achieve greater economic security and thus greater progress toward self-sufficiency than the typical FSS program.

This report presents findings on the implementation and early outcomes of the Compass Financial Stability and Savings (Compass FSS) program pilot. The goal of this study, conducted by the Institute on Assets and Social Policy (IASP) at The Heller School for Social Policy and Management, Brandeis University, is to address three main questions. **First, is there a more effective way to implement the standard FSS program to deliver consistently strong outcomes and ensure families use this opportunity to move towards economic security? Second, does the Compass FSS program deliver long-term positive outcomes for families that are sustained after program graduation?** And third, what is the return on investment **of the Compass FSS model, and given its impact, is it cost-effective?**

Although the outcomes of the Compass FSS pilot will not be fully realized for several years, the initial results, covering the first 12 months of the program, are very encouraging. Extensive data collection and analysis is making it possible to conduct a much more comprehensive assessment of program results than standard FSS program reporting. Most notably, early results demonstrate that the program has had successes in recruitment, enrollment and retention that far exceed the national average. Very positive participant outcomes in income, savings, and credit are also being noted, as well as improvements in financial confidence and economic well-being.

Below are the key findings from the first year review of the Compass FSS program:

Process Evaluation

• Critical to initiating the Compass FSS Program was the development of a trusting relationship with the local housing authority, and authorization to operate the program based on an agreement for oversight and accountability.

- The strength of Compass' relationship with the local housing authority is reliant on a shared philosophy of empowering participants to foster self-sufficiency and the housing authority's commitment to the partnership from the Executive Director on down to the FSS Coordinator.
- Through creative marketing and outreach, Compass exceeded its first year target by enrolling 76 new participants in FSS, resulting in a penetration rate of 19% of potentially eligible Housing Choice Voucher (HCV) holder households in the city of Lynn as compared to a national rate of 5%.
- All of the participants in the financial education workshops rated the series overall to be helpful or very helpful and 94% indicated they were extremely likely to recommend it to a friend.
- When interviewed, participants reported that participation in the financial education workshops heightened their interest in enrolling in FSS and 92% of those who completed the workshops did so.
- When interviewed, participants expressed a sincere belief that the financial coaching component of the Compass FSS program will be critical in helping them achieve their financial goals.
- Compass has built strong relationships, both nationally and locally, to benefit from what has been learned in the field and increase their capacity to serve more HCV recipients in Lynn and elsewhere.
- To monitor progress and to track program outcomes, Compass has worked with a private vendor to create a customized data management system that has much greater tracking capacity than the standard FSS reporting system.

Participant Demographics and Preliminary Outcomes

Participant Characteristics

- 86% are single-headed families with children with an average household size of three.
- 24% of participants have less than a high school diploma or GED. 36% have some college education.
- 57% self-identified as Hispanic and 43% as Not Hispanic. Of those who indicated Not Hispanic, 46% identify as African-American/Black, 39% as Caucasian/White, 6% as Asian and 9% indicate Multi-Race as their racial identity.

Employment and Income at Program Entry

- Of the 76 participants, 89% are employed and 54% are employed full-time
- 29% have annual household income below \$18,530, which is the poverty level for a household of three.

Credit and Debt at Program Entry

• Average credit score was 587. Only 8% had a credit score of 660 at baseline, which Compass considers to be financially healthy.

• Average total debt burden is \$12,757, with credit card debt as most common source of debt at 86%.

Financial Products and Services at Program Entry

- 84% have either a checking or savings account
- 41% of Compass FSS participants met the program's benchmark goal of utilizing two or more quality financial products and no negative financial products in the last year.

Savings Goals and Escrow Accumulation

- Escrow funds have been deposited for 36% of participants in the first year, with average escrow balance of \$680.
- Savings for a house, college for children, and for emergencies are top savings goals.

Economic Trends at Six Months

Among participants reaching six-months for whom there is data:

- 44% experienced an increase in annual earned income with an average of \$6,004.
- 50% experienced a decrease in public benefits with an average of \$4,025 over the past six months.
- 67% increased their credit score by an average of 54 points.

Of those reaching six-months, 16 people (62%) have triggered escrow deposits, with an average escrow balance of \$965.

Financial Practices and Confidence

Compass participants scored relatively low on financial practice statements at baseline however, participants experienced a significant increase in confidence related to saving, tracking income, and spending less after completing financial education workshops.

Family Financial Well-Being

A large number of participants experience economic strain and worry about money.

Over half of all participants indicated lack of skills, education, and training as the common obstacle to getting ahead.

However, participants are overwhelmingly optimistic about the future:

- 88% agreed or strongly agreed at baseline to being ready to sacrifice in the present to achieve results in the future.
- After completing the financial education workshops, 86% of participants strongly agreed or agreed they will be able to support their families without Section 8 (HCV) assistance in the future.

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INTRODUCTION

This report presents findings on the implementation and early outcomes of the Compass Working Capital Financial Stability and Savings (Compass FSS) program pilot. Aimed at helping low-income families save and build assets, the Compass FSS program is an innovative new model for the U.S. Department of Housing and Urban Development (HUD) Family Self-Sufficiency program, an employment and savings program for families who receive federal housing assistance. It is distinguished by the provision of financial education, financial coaching, and asset building strategies to help families in subsidized housing achieve economic security. It builds on the standard HUD FSS program which provides case management and the opportunity to accrue savings in an escrow account for those who increase their earned income.

The goal of this study of the Compass FSS program is to address three main questions. First, is there a more effective way to implement the standard FSS program to deliver consistently strong outcomes and ensure families use this opportunity to move towards economic security? Second, does the Compass FSS program deliver long-term positive outcomes for families that are sustained after program graduation? And third, what is the return on investment of the Compass FSS model, and given its impact, is it cost-effective?

The study is being conducted by the Institute on Assets and Social Policy (IASP), a research institute at The Heller School for Social Policy and Management, Brandeis University. IASP's work is dedicated to the economic well-being and social mobility of individuals and families, particularly those traditionally left out of the economic mainstream. Working in close partnership with foundations, the public sector, provider associations, and community-based organizations, IASP bridges the worlds of academic research, government policy-making, and the interests of organizations and constituencies.

For this project, Compass Working Capital has partnered with IASP to research and evaluate the Compass FSS program pilot. In the initial stages of the project, IASP joined Compass in strategic planning sessions with an interested funding partner. IASP also joined Compass and other local parties in numerous discussions regarding potential enhancement of the FSS program in Massachusetts and new ways to measure progress and success in helping participants become more self-sufficient and economically secure. IASP continues to stay abreast of Compass FSS program developments and provide consultation on new program directions through bi-monthly meeting with the Compass management staff.

The Institute's three-year study will include process and outcome evaluations and a preliminary cost benefit analysis. To gather information for the process analysis related to program implementation in the first year, IASP surveyed and interviewed participants and interviewed key program staff. Demographic and economic data gathered by Compass and results of a baseline participant Financial Practices and Well-being Survey provided data for preliminary analysis of program outcomes. (See Appendix A for the detailed evaluation workplan.)

Although the outcomes of the Compass FSS pilot will not be fully realized for several years, the initial results, covering the first 12 months after the program launch, are very encouraging. Aided by an extensive planning and design phase, the Compass FSS program has had a number of early

successes and positive outcomes despite a few initial operational and administrative challenges. Most notably, the program has realized impressive successes in recruitment, enrollment and retention, positive participant outcomes in income, savings and credit, as well as improvements in financial confidence and economic well-being.

This report represents the first of three reports for the multi-year evaluation. The first part of the report introduces the HUD FSS program and Compass' innovative, asset building model for this program. The second part of the report is the process analysis section that describes how the project evolved, issues encountered and how they were resolved, lessons learned, and promising practices. The final section provides 1) baseline data on demographic and financial security indicators for enrolled participants; 2) preliminary outcomes from the first phase of the initiative, including data related to changes in income, utilization of public benefits, credit, debt and savings; and 3) baseline financial practices, confidence, and well-being reported by participants.

NEW APPROACH TO THE FAMILY SELF-SUFFICIENCY PROGRAM

I. HUD Family Self-Sufficiency Program

I. a. Overview

The HUD Family Self-Sufficiency (FSS) program is designed to help families living in public housing and those using Housing Choice Vouchers (HCV, formerly known as Section 8) progress toward self-sufficiency by reducing disincentives to working and assisting low-income families acquire valuable savings. The FSS program was enacted by Congress in 1990 and is administered by state and local public housing agencies (PHAs). FSS combines (a) stable affordable housing with (b) case management services to help families access services needed to pursue employment and achieve other goals, and (c) an escrow account that grows as families' earnings grow. The escrow account functions as both an asset-building vehicle and a tangible financial incentive for families to increase their earnings. It creates a structure for residents to save the money that would otherwise go toward increased rent for subsidized housing triggered by increased earnings. Participants can withdraw the money in the escrow account upon successful completion of the program and are not restricted in its use. HUD funds cover all escrow costs and the salary of the PHA FSS coordinator. Housing authorities are expected to cover other costs associated with recruitment, ongoing communications with FSS clients, and any additional programming.

According to HUD program reports and existing research, the FSS program is effective at helping participants experience greater gains in income, employment, and savings as well as substantial declines in receipt of TANF cash assistance as compared to other recipients of housing assistance. However, experts familiar with FSS nationally suggest the program is poorly promoted and faces numerous barriers around recruiting program participants and acquiring funding to support service provision that results in extreme underutilization.¹ Massachusetts data on the utilization and impact of FSS reflects the national trend. Among the 134 housing authorities in Massachusetts, 41 have FSS programs and an estimated 55,601 families are eligible for FSS. Of these, only 912, or 3.3% of the eligible FSS population is enrolled.²

I. b. Basic Program Structure

The HUD FSS program statute gives great latitude to housing authorities that administer the program, but most FSS programs have certain common elements:

Eligibility Determination, Intake and Assessment: Families interested in the FSS program are asked to complete an application. The head of household must be a tenant in good standing according to the terms of their housing program regulations and/or lease. Participants must demonstrate motivation and desire to progress toward self-sufficiency. As a screening tool, programs can require participants to complete certain tasks to demonstrate motivation and willingness to take steps outlined in the Contract of Participation. Programs are restricted from screening based on employment or job history, education, marital status, credit rating, number of children, or any factors which may result in a discriminatory practice (HUD FSS Regulations 24

CFR 984.203). Once a family has submitted the application and been deemed eligible, the case manager works with the family to complete the Individual Training and Services Plan (ITSP) and the family specific Contract of Participation. These documents are designed to ensure that each FSS participant has a solid, achievable five-year plan for economic self-sufficiency backed by appropriate supportive services, and commitment from the participant. In order to graduate from FSS, the following three conditions must be met: participant is employed; all household members have been free of TANF assistance for at least one year; and participant has achieved the goals outlined in ITSP.

Case Management: Each participant is assigned a case manager who serves as the primary contact and oversees the family's progress towards successfully completing the program.

Referrals and active facilitation of supportive services: The FSS program is committed to making available resources and services needed by the participant as described in ITSP. This may include referrals to education, training and employment programs, child care, transportation, substance abuse counseling and other prevention services.

Establishment of Escrow account: During the term of the FSS Contract of Participation, the housing authority maintains the escrow account for each family. Funds in the account reflect the difference between earned income at the beginning of the Contract of Participation and approximately 30% of any increase in earned income after this date that otherwise would have resulted in an increase in rent payments according to the rules of the Housing Choice Voucher (HCV) program.

Interim access to FSS account funds and at program completion:

Upon graduation (see conditions outlined above), participants are able to access funds in FSS escrow account. PHAs can give FSS participants an interim disbursement of their FSS account funds, if the participant has fulfilled certain interim goals and the purpose is consistent with their long-term goals (HUD FSS Regulations 24 CFR 984.305).

II. Compass Working Capital and their FSS Program Development

II. a. Compass Builds on their Prior Program Experience

Founded in 2005, Compass Working Capital is a nonprofit organization that provides incentivebased savings and financial coaching programs for low-income families. In seeking new ways to further its work with low-income families, Compass has designed a potentially higher impact model for the FSS program. It is predicated on the theory of change that providing incentives, access to opportunities, and quality financial coaching for motivated, low-income families will help them achieve economic security.

Figure 1: Compass Working Capital's Theory of Change



Two years prior to the launch of their FSS program, Compass engaged in extensive research and discovered that FSS escrow accounts offer low income families an enormous opportunity—but an opportunity that is all too often squandered. Too many families are unaware of the great potential of the FSS program and often miss optimizing the savings structure for long-term gain. For Compass, the central questions are: What if FSS, which is already successful in helping low income families increase their income, were run by trained financial coaches who helped their clients chart a path to economic stability with clear benchmarks and accountability? Could it then help families put their escrow dollars to use in smarter ways? Could it enable them to build their credit, live to a budget, and invest in their future?³

Building on experience administering an Individual Development Account (IDA) program and promoting college savings account (529) plans, Compass aims to leverage the potential of the FSS program and demonstrate a model for FSS that delivers better long-term financial outcomes for families. Through its experience administering the IDA program in Lynn – a city just north of Boston with a population of about 90,000 – Compass has established a strong relationship with Lynn Housing Authority and Neighborhood Development (LHAND), which was very receptive to partnering with Compass to pilot a new approach to FSS. LHAND administers about 1200 HCVs, with approximately half of that number eligible for FSS. Committed to furthering its mission of fostering economic independence and creating homeownership opportunities for recipients of housing assistance, LHAND established its FSS program in 1994 and currently has 40 participants. Regarding Compass as a trusted partner, LHAND entered into an agreement giving Compass full authority to administer their FSS model for new HCV holders.

II. b. Engaging the Philanthropic Community

Nationally, limited federal funding for FSS coordinators has constrained program expansion and innovation. While HUD funds the FSS escrow accounts, it provides limited funding for FSS coordinators and no additional funding for program development or evaluation related costs. This funding structure is consistent with the original legislation, which was designed to leverage local and state resources. Dedicated funding for program development and expanded funding for coordinators are the primary barriers to expanding FSS. Housing authorities that choose to offer FSS are responsible for supporting any additional programming and services, beyond case management, for FSS participants.

By providing additional capacity and asset building expertise to LHAND, the Compass FSS model is a promising strategy to catalyze FSS growth and innovation. The partnership brings each organization's strengths together to expand LHAND's FSS capacity and increase the program's effectiveness. The work incentive that LHAND brings to the table through FSS escrow accounts allows Compass to strengthen its asset building program and to leverage investment from the philanthropic community to build and expand this partnership. Notably, Strategic Grant Partners (SGP), a Boston-based philanthropy, contributed a three-year financial investment as well as extensive strategic planning and technical assistance over the course of a year to plan and launch the Compass FSS model. SGP's mission is to partner with outstanding leaders with game changing ideas and to invest in work that alters public systems in ways that are directly tied to positive changes for children and families.



The recommendation to develop an asset-focused approach to the FSS program was one of the key findings of the Massachusetts Asset Development Commission in its June 2009 report. After reviewing the Commission's report, SGP initiated a due diligence process to explore the viability of investing in the report's key recommendations. After further research, SGP began to engage Compass in a strategy planning dialogue for a new, asset building model for FSS in the Fall of 2009. In May 2010, Compass received a multi-year operating grant from Strategic Grant Partners to support the design, implementation, and evaluation of the Compass FSS program from 2010-2013.

Compass has also attracted investments from additional philanthropic partners. Social Venture Partners (SVP) joined the partnership close to the program's launch and, in addition to financial support, has provided guidance on marketing, implementation, and the development of a client tracking tool. With continued strategic support provided by SGP, Compass seeks to demonstrate 1) a model of FSS that delivers better long-term financial outcomes for families, and 2) a template that other housing agencies and nonprofits can use to catalyze further FSS expansion and impact. Figure 2 presents the timeline for planning and implementing the FSS program designed by Compass.

III. Compass FSS Program Description

III. a. Compass FSS Program Model

Compass believes that FSS can be used not only to help people increase their income, but also to build assets and achieve greater financial stability and security. They have renamed it the "Financial Stability and Savings Program" to reflect their rebranding of how participants should think about the opportunities it presents. The program Compass has developed for FSS draws on its experience with IDAs, as well as best practices in FSS across the country. Figure 3 presents the added value of a Compass FSS program compared to what the standard FSS program offers.

What Standard FSS Delivers	Compass FSS Added Value
Under-resourced communications and recruitment	 Compass graduates as outreach workers Financial Workshops as "motivation" screen
• Escrow money to program graduates with no restrictions and minimal use of interim disbursements	 Escrow money directed toward asset goal at program completion Strategic use of interim disbursements
Limited contact with FSS coordinator focused on referrals to resources	 Required participation in financial education workshops Ongoing customized financial coaching minimum of three times a year
Program at local housing authority	Program housed in community-based setting and operated by nonprofit partner
Tracking of outcomes limited to increases in income and amount in escrow account	• Extensive tracking of economic stability outcomes (income, credit, debt, benefits, qualitative measures of well-being, targeted use of savings, etc.)

Figure 3: Compass FSS Model: Align FSS with Asset-Building Strategies

While incorporating the basic elements of the FSS program, Compass seeks to also align FSS with key asset development strategies. Major additional program features include:

- *Outreach*: Compass believes that effective outreach strategies for FSS must tap into, and build upon, families' deeply held aspirations for themselves and their children. Through marketing materials, and orientation sessions, Compass frames FSS as a powerful opportunity to pursue dreams and goals, such as owning a home, obtaining a college degree, starting a business, saving for children's education, or becoming debt-free. Compass also hired a dedicated Outreach Specialist who is a graduate of a Compass IDA program.
- *Financial Education Workshops*: Participants must complete three financial education workshops for a total of nine hours as a prerequisite to FSS enrollment. Workshops provide a "motivation" screen for interested participants and help establish financial skills, confidence, and practices that are predictive of future financial well-being.
- *Financial Coaching*: Participants receive ongoing, customized financial coaching to help them reach benchmark targets in five core areas: income and employment; credit repair and debt management; savings; utilization of quality financial services; and asset building.
- *Asset Development:* The Compass model focuses on optimizing escrow funds, notably through the strategic use of interim disbursements and targeted longer-term asset development goals, including post-secondary education, small business development, and homeownership.
- *Evaluation activities:* The Compass FSS program is involved in a range of evaluation strategies. Compass regularly tracks the success of various recruitment methods and project performance, in addition to its engagement in the three-prong research evaluation being conducted by the Institute on Assets and Social Policy. These evaluation mechanisms allow Compass to make useful mid-course corrections and modifications to optimize program implementation and delivery.

III. b. Compass Management Plan and Arrangement with LHAND

To support the agency's efforts to administer the Compass FSS program, Compass has hired a Program Coordinator and an Outreach Specialist. The Program Coordinator is the primary contact for Compass FSS participants. The Program Coordinator's responsibilities include providing financial coaching for all participants; monitoring participants' progress toward their financial goals and key program targets; identifying and connecting families to additional resources when needed; and developing ITSPs for all participants. The Compass Outreach Specialist is responsible for developing recruitment tools, producing informational materials, coordinating and hosting orientation sessions, and tracking the success of various recruitment methods. In addition, the Outreach Specialist must maintain relationships with other nonprofit organizations to help identify and recruit participants eligible for the Compass FSS program.

Critical to initiating the Compass FSS Program was the development of a trusting relationship with LHAND, the local housing authority, and authorization to operate the program based on an agreement for oversight and accountability.

The strength of Compass' relationship with LHAND is reliant on a shared philosophy of empowering participants to foster self-sufficiency and LHAND's commitment to the partnership from the Executive Director on down to the FSS Coordinator.

Although Compass operates independently from the housing authority, Compass reports regularly to LHAND's FSS Program Coordinating Committee and to the Board of Directors of LHAND as they monitor the progress toward achieving goals and objectives of the Compass FSS program. In addition, Compass works closely with LHAND throughout the implementation to maintain strong and consistent communication to optimize program delivery. These arrangements have been formalized through a Memorandum of Understanding.

LHAND Primary Contact: The Compass FSS Program Coordinator works closely with the LHAND FSS coordinator to facilitate/fulfill all necessary housing- related administrative functions. The LHAND FSS coordinator assists with screening potential Compass FSS participants and submits all HUD-required paperwork for Compass FSS participants. Compass provides a monthly summary of enrolled Compass FSS participants, including supporting intake data that can be entered directly into LHAND's primary client database system (Visual Homes).

Access to LHAND Resources: Compass has access to important LHAND resources essential for FSS program operations: a.) HCV mailing list and tenant information in order to support marketing, recruitment, and research efforts related to the Compass FSS program; b.) facilities and training space for Compass FSS workshops; c.) HCV staff for consultation regarding Compass FSS participants; and d.) limited, "read only" access to program data in order to document and verify information regarding Compass FSS participants.

Escrow Account Management: LHAND provides monthly escrow reports to Compass to document the amounts deposited in the escrow account of each Compass FSS participant. In addition, subject to Compass' approval, LHAND will make certain interim disbursements to a Compass FSS participant, and will assist in verifying information about allowable expenditures.

Funds for Added Coordination Services: If the growth in FSS enrollment attributed to the Compass FSS model positions LHAND for an increase in FSS coordinator funds from HUD, LHAND has committed to direct these additional HUD funds to Compass to support continued program expansion and effectiveness.

Figure 4 below summarizes the engagement in critical areas of implementation and program delivery between Compass and LHAND.

Figure 4: Activities Completed by Compass and LHAND

Activity	Compass	LHAND	
Outreach &	-Executes all outreach and recruitment activities	-Provides access to LHAND HCV tenant	
Recruitment	which include providing FSS orientations,	mailing list	
	informational sessions, and direct outreach to the	-Collaborates with Compass to identify HCV	
	LHAND HCV tenant list.	participants eligible to participate in FSS.	
Participant	-Collects necessary application, eligibility, &	- Assists with participant verification and	
Selection &	intake information from participants;	eligibility determination;	
Enrollment	-Work with participants to complete Contract of	-Submits all HUD-required paperwork (COP &	
	Participation, ITSP, and all other HUD-required	ITSP) on behalf of Compass.	
	documents		
Participant	-Reports regularly to LHAND's Program	-Executes FSS-related data entry for LHAND's	
Monitoring	Coordinating Committee	client database system (Visual Homes)	
&Program	-Provides monthly data summary of enrolled FSS	-Hosts regular meetings with key LHAND and	
Progress	participants	Compass staff to ensure strong communication	
	-Consults, as needed with LHAND liaison	and progress toward program goals and	
	regarding FSS participants	objectives	
FSS Escrow	-Communicates with FSS participants their	-Fiscal oversight of FSS escrow accounts	
Account	escrow balance	-Provides monthly reports on escrow	
Management	-Reviews and approves requests for interim	accumulation for Compass FSS participants	
	disbursements	- Processes escrow disbursements	
Evaluation &	-Provides all pertinent data to IASP for Compass	-Grants Compass "read only" access to the	
Research	FSS participants for the research and evaluation	Visual Homes database	
	component of the program pilot	-Provides evaluation support	

PROCESS EVALUATION

I. Implementing and Delivery of Compass FSS

Research on how the essential elements of Compass' FSS model were implemented is drawn from participant surveys, participant and staff interviews, as well as administrative data to develop an understanding of the effectiveness of the design and perceptions and satisfaction with the key program components. This section looks at organizational issues, procedures and the program protocol and the challenges that emerged during the course of implementation. Figure 5 summarizes the program status totals for the first year of the Compass FSS pilot and this section reports how these numbers were achieved.

Program Activity	Frequency/Percent
Targeted outreach to LHAND voucher holders	500
Financial Education cohorts in first year	12
Began Financial Education Workshops	88
Completed Financial Education Workshops	83 (94%)
Enrolled in FSS after completing workshops	76 (92%)
FSS Enrollment Retention Rate to-date	100%
FSS penetration rate of targeted households	15%

Figure 5: Compass FSS Program Highlights from Sept. 1, 2010 to August 30, 2011

I.a. Outreach and Recruitment

Outreach and recruitment is a key factor in strong program start up. An important element in getting sufficient numbers of interested and motivated individuals to apply is to reduce initial skepticism about programs, such as FSS, that appear "too good to be true".⁴ Compass relies on a combination of targeted and public outreach, word of mouth, and referrals from other organizations for recruitment for the FSS program. Outreach and recruitment has been a big success for the Compass program. Strategic marketing and effective outreach has resulted in a penetration rate that far exceeds the national average for FSS. To-date Compass has engaged 15 percent (76) of targeted households. When this number is combined with the current 40 participants in the original LHAND FSS program, it represents a penetration rate of 19% of potentially HCV eligible households. This compares to a national average of 5%⁵ and an average rate of 3.3% for Massachusetts.⁶

Targeted Outreach

Ultimately, Compass identified the vast majority of its new FSS participants from direct outreach to the list of HCV recipients provided by LHAND. Compass analyzed the approximately 1,200 voucher holders to identify a target list of 476 families who were likely to be eligible for FSS. (Later the list was reassessed and 39 more families were identified.) Compass learned that direct outreach to these families produced the most eligible participants. Initial outreach was via phone, but many of the numbers on record were found to be out-of order. Drawing from the marketing research of the Doorways to Dreams Fund⁷, Compass then designed postcards with

inspirational messages incorporating slogans such as "Every dream worth building takes effort" and "Believe in yourself: Getting ahead, not just getting by." Compass observed that persistent and repeated mailings of postcards with these inspirational messages, creative imaging, and quotes and stories from other participants captured the attention of those longing to own a home, go to college, or start a small business. With targeted mailings, Compass made contact with LHAND voucher holders approximately five times throughout the first year. These monthly mailings to the targeted HCV recipients continue to successfully recruit program participants. When interviewed, many new participants remarked that they become interested in FSS because the Compass Outreach Specialist had reached out to them personally or they had received a postcard.

After the initial momentum was created, referrals also increasingly come through word of mouth. Many participants noted that they heard about the Compass FSS program through friends or families and they called Compass to learn more. Compass also provides the LHAND admissions director informational resources to provide to new HCV recipients.

Through creative marketing and outreach, Compass exceeded its first year target by enrolling 76 new participants in FSS, resulting in a penetration rate of 19% of potentially eligible HCV households in the city of Lynn as compared to a national rate of 5%.

Public Outreach

Before explicitly targeting its outreach to the LHAND list of HCV recipients, Compass experimented with more public outreach methods. In addition to posting flyers up in the lobby at LHAND, Compass posted flyers at several non-profit organizations and human service agencies, workforce information and community centers, and grocery stores throughout the city of Lynn. Compass also engaged in regular email blasts on several list serves for social service agencies as well as included regular entries in the newspaper that covers Lynn. Interested individuals were invited to house parties at which they were introduced to Compass and the FSS program.

Developing and maintaining relationships with nonprofit organizations that can help identify and recruit HCV participants for the FSS program was another strategy. For example, Compass established a strong relationship with the local KIPP Academy School. KIPP Academy shares a commitment to helping not only the students attending their school, but also their family's progress economically. This relationship allowed Compass to distribute flyers, hold informational meetings, and present at enrollment orientation and family night.

While ambitious and creative, these methods did not yielded as many eligible families as anticipated because it was found that many held vouchers were from other communities and therefore not eligible to participate in the FSS program through LHAND. It is estimated that a total of thirty-one interested families had to be turned away or referred to a FSS program operated by another housing authority.

General Considerations for Outreach and Recruitment

To improve effectiveness of recruitment efforts, Compass hired an Outreach Specialist with personal credibility among the target population. The Compass Outreach Specialist has connections to the community and direct experience with the Compass IDA program as a participant. Compass also showed a video advertising the success of former Compass IDA graduates and has appeared on local Latino television broadcasts. Compass learned that initial skepticism was mitigated by these connections as well as helped overcome any feelings of distrust participants may have toward Compass because of its relationship with the housing authority. One participant noted that seeing the success of local Lynn participants was encouraging and *"believable."*

Overall, Compass attributes their success in achieving their enrollment target for the first year to their aggressive marketing and outreach campaign. This demonstrated success garners buy-in and community recognition which spurs greater referrals and interest in the program. (See Figure 6 for a summary of activities and Appendix B for examples of outreach materials.)

Figure 6: Compass FSS Program Outreach Activity from Sept. 1, 2010 to August 30, 2011

Summary of Outreach Activities	Frequency
Number of targeted mailing attempts made	5
Total number of mailings distributed	2605
Total number of Compass Orientation Sessions	12
Number attended Orientation Sessions	107
Outreach Events, Presentations and Meetings	6-10
Total placement for listserv advertising and flyer distributions	~15

I. b. Participant Selection and the Role of Financial Education

In the early years of FSS, HUD and housing authorities struggled with how restrictive the program should be – whether to adopt an open-door policy that affords the FSS opportunity to everyone, or to adopt more restrictive screening guidelines that favor those most likely to succeed in transitioning out of subsidized housing as they are already employed or could easily become employed.⁸ The downside of an open-door policy for recruitment can be the high demands on staff working with participants encountering numerous barriers to self-sufficiency. Today, HUD formally prohibits screening based on employment and education, but FSS programs can screen based on motivation.

Compass FSS both instills motivation and encourages participation by those most ready to benefit from the program through orientation sessions and financial education workshops. Potential program participants attend orientation sessions that build interest and motivation while becoming familiar with the Compass organization and its staff. Financial education is used to identify motivated applicants, as individuals need to complete all the financial education requirements before being allowed to enroll in FSS. This requirement appears to have encouraged, rather than discouraged enrollment in FSS as some feared. Eighty-six percent of those who began the Financial Education Workshops have gone on to enroll in FSS.

Financial education is considered by many proponents of asset building to be the critical component of an asset development program. Over the past five years, Compass experimented with how best to deliver meaningful, high impact financial education. Several different curricula have been tested as has the length and format of the workshops. Compass has followed the research and trends in the financial education field which have found that financial education is helpful, but often insufficient by itself. Notably, emerging research focuses on the lessons of behavioral economics, which combines the fields of psychology and economics to understand how people make economic decisions.⁹ Compass has recently streamlined its approach to financial education to focus on helping participants develop core financial competencies that are re-enforced and built on through financial coaching.

Compass recruits financial service professionals to serve as volunteer trainers for the workshops. By increasing participant exposure to these professionals, it lowers real and perceived barriers to the financial services industry. Instructors, however, must serve first and foremost as volunteer workshop leaders and not as representatives for a particular company or institution. The workshops for FSS are designed to help participants understand their own financial behaviors, develop and practice new financial skills, and build confidence – all of which contribute to greater financial stability. The first class covers goal setting and budgeting where participants identify and understand their own beliefs about money. The workshop aims to help inspire participants' confidence to attain their financial goals and equip participants with skills and knowledge to track income and spending. In the second session, participants learn the value of credit, how to build and repair credit, pay off debt, and learn the basics of obtaining and understanding a credit report. In the final workshop, participants learn the importance of building savings and assets. This workshop helps equip participants with the skills and ability to maintain an emergency savings account and access prime savings products to help them reach their financial goals. Emotional buy-in is an important goal of the Compass financial education workshops as Compass strongly believes acquisition of knowledge alone will not increase confidence or lead to action in making sound financial decisions.

The information developed for each workshop includes instructor notes, activity and exercise sheets, case study examples, talking points and discussion questions. The style of each workshop is Socratic and conversational. Peer learning is encouraged through sharing of stories and experiences. Since participants have varying levels of familiarity to the concepts and will require different levels of support and advice, the material is introductory and instructors are able to adapt workshop materials to suit the needs of the participants. Attendance at the three workshop classes helps to ensure participants truly understand the underlying principles of the program and what they will be expected to adopt; only those who are genuinely committed are able to proceed to FSS enrollment stage.

I. c. Process Evaluation of Financial Education Workshops

At the end of each series, financial education workshop participants complete an evaluation survey to assess whether the Compass financial education classes met their needs in terms of content and delivery. The survey asks participants to assess their satisfaction with each topic area, education materials, and overall program. Participants are also asked to provide qualitative responses regarding suggestions for program improvement, important concepts learned, and reasons for wanting to enroll in the Compass FSS program. IASP conducted interviews with a random sample of eight participants to gain a more in-depth perspective of perceived gains and motivation to enroll in FSS. (An individual who completed each financial education cohort was interviewed for the first eight months of the program.)

In the first year, 86 people participated in the Compass financial education workshops and returned completed evaluation surveys for inclusion in this analysis. For each workshop, participants were asked to rate how helpful they found the workshop, materials and overall program. As shown in Figure 7, most participants found the overall financial education program to be very helpful (83.5%) or helpful (16.5%). There were no participants who indicated that the overall program was somewhat or not at all helpful. Each topic within the workshop was analyzed to determine how helpful participants found them individually. Figure 7 shows that most participants found the topics 'Credit Repair and Debt Management' (97.5%) and 'Budgeting and Goal Setting' (97.6%) to be very helpful/helpful. A slightly lesser percentage (91.3%) rated 'Saving and Building Assets' very helpful/helpful. The 'Saving and Building Assets' session also recorded a few participants who thought it was somewhat helpful (7.5%) or not helpful (1.3%).

N=85 Surveys	Workshop 1: Budgeting & Goal Setting	Workshop 2: Credit Repair & Debt Management	Workshop 3: Saving & Asset Building	Education Materials	Overall Program
Very Helpful	74.4%	76.3%	66.3%	67.9%	83.5%
Helpful	23.2%	21.3%	25.0%	29.5%	16.5%
Somewhat Helpful	2.4%	2.5%	7.5%	2.6%	0.0%
Not Helpful	0.0%	0.0%	1.3%	0.0%	0.0%

Figure 7: Participants' Ratings of the Workshop Topics

Figure 8: Reasons for Participating in FSS by those Enrolling in the Program

Reasons for Participating in FSS	Percent	
"Work on my financial goals with support from a financial coach"	78.8%	
"Work toward moving out of Section 8 supported housing"	71.8%	
"Find other resources that can help my family get ahead"	69.4%	
"Save money that would otherwise go toward rent"	57.6%	
"Connect with other families who are in a similar financial position"	35.3%	

At the end of the financial education classes, participants were asked to provide their perspectives on how the workshops could be improved or comment on any aspect of the workshop. Workshop participants were inspired and motivated by the persistent savings

message that was conveyed throughout the classes. In explaining how financial education would be helpful in the future, one participant noted, "*it made me think about my family's financial stability and the different savings mechanisms that are out there and the importance of emergency savings. I didn't know any of this stuff. I didn't know that I could put a little money in a CD and accrue interest.*" Key themes in participants' comments as to what they found most beneficial include:

- Setting savings goals and learning what measures can be taken to achieve them.
- Understanding debt and credit and their role in being able to save.
- Learning how to manage money, track expenses, and distinguish between wants and needs to control spending.

Several participants interviewed mentioned that the financial education classes made them want to enroll in FSS even more than when they initially signed up. When asked why they wanted to enroll in FSS, their survey responses reflect a strong desire to continue the learning from the workshops. Figure 8 above indicates that the dominant reason for participating in FSS is to *"work on my financial goals with support from a financial coach."* Responses also indicate that they are highly motivated to leave Section 8 (HCV) supported housing. Interestingly, only slightly more than half (57.6%) indicated that their primary reason for enrolling in FSS is to save money in the escrow account.

The excitement conveyed through the above results reflects an overall sentiment that participants felt encouraged by the program and possess a new found confidence that they can fulfill their aspirations and they believe others can also. Just as participants found the financial education program and the individual workshops to be very helpful for themselves, when asked "*how likely will you recommend the financial education workshop to a friend*" on a scale of 1-10 (1=not at all likely/10=extremely likely) an overwhelming 93.8% indicated a '10'. This excitement was expressed in participant comments. One participant shared, "*an amazing program, I wish I signed up a year ago I would have a house.*" Another participant felt motivated to achieve her goals by sharing, "*I enjoyed the environment and all the instructors gave great advice that would help me become more successful in accomplishing my goals.*" Another participants imply put, "gonna tell my friends!" (See Appendix C for a full listing of participants' responses.)

While an overwhelming number of responses were positive, few participants commented on the format and structure. These comments focus on the functionality of each class as indicated by recommendations regarding class length, how sessions should be divided up, and finding the appropriate balance for the question and discussion portion of each workshop. Suggestions regarding program delivery seem to focus on having more time to go over material. A few participants expressed wanting more class sessions and clearer explanations regarding certain concepts. A number of participants suggested that some classes should be offered in Spanish, a recommendation that Compass heard early on and has addressed.

All of the participants in the financial education workshops rated the series overall to be helpful or very helpful and 94% indicated they were extremely likely to recommend it to a friend.

When interviewed, participants reported that participation in the financial education workshops heightened their interest in enrolling in FSS and 92% of those who completed the workshops did so.

I. d. Peer Support

The Compass program staff recognizes the importance and difficulty of helping participants adopt and maintain financial healthy behaviors and getting on the right track toward economic security. They acknowledge that participant motivation is another important factor in their success and peer support is a powerful tool to maintain such motivation.

Among the biggest hurdles that the Compass program must help participants overcome is the belief that achieving economic security, increasing income, and savings can be a reality and is not impossible. Participants can feel overwhelmed at the thought of facing their economic reality, taking steps to fix their financial lives, and "going up against the financial system alone." Sometimes peer support occurs spontaneously in the course of financial education when participants bond and share personal stories. One participant mentioned that she enjoyed when another participants would openly share their personal experience "because it helped me realize that I wasn't the only one who made mistakes."

Formal mechanisms to promote peer support are a part of the IDA program and Compass is exploring ways to integrate peer support in the FSS program by incorporating:

- *Peer-led Savings Circles:* At these meetings, FSS participants can discuss issues of common concern, hear from experts on follow-up topics such as savings, credit repair, and hear participants talk and support each other in efforts to reach their savings goals.
- *Family Events and Activities:* Compass would like to explore strategies to integrate "fun" and family recognition events, to encourage families to continue to make progress and acknowledge outstanding achievements along the way.

I. e. Case Management and Financial Coaching

In the FSS program, case management refers broadly to the ongoing support provided to participants to help them meet their economic goals. It can vary from little more than an annual participant progress monitoring to high-touch interaction and personalized, long-term goaldriven activity with clients. The Compass program adopts a financial coaching approach towards case management. Compass provides individual and customized financial coaching that focuses on goal setting, income and employment, budgeting, credit repair, utilization of quality financial services, and the development of an individual asset plan.

To aid goal attainment, participants meet with the Compass financial coach at least twice per year (quarterly in year one) to outline and work towards short- and long-term financial goals related to five key measures of economic security: income and employment; credit and debt; utilization of high quality financial products; savings; and asset development (homeownership,

small business development, postsecondary education). In reflecting how she thought Compass would help her meet financial goals, after the initial coaching session a participant explains, "she (financial coach) provided information on how I can lower my interest and make payments, and deal with issues on my credit cards and what I need to do to get my loan and debt rates right."

To promote budgeting, the financial coach helps participants learn how to track, prioritize and control spending using the Client Financial Profile, a unique budgeting and goal setting tool developed by Compass. The coach helps participants understand monthly and annual expenses, the role of benefits in household finances, and establishment of a long-term savings plan. A participant expressed her enthusiasm for the coaching sessions by her comment, *"every three months they will serve as a constant reminder for me and help me stay on track, and having a signed contract will help me keep on track. I noticed a big change in my spending unnecessary money already so these sessions will help me in the long run."*

Credit repair is a major focus of coaching sessions. The financial coach provides participants with their credit report and score at least twice per year. The financial coach helps participants address negative items on the credit report, develop a debt repayment plan, and establish a long-term strategy for rebuilding credit. Another important component of the coaching sessions is to help participants integrate saving into their financial plan. The financial coach helps participants understand the smart savings options available, including retirement opportunities, college savings plans, and different club accounts. The financial coach helps participants understand the importance of having an emergency savings account and how to compare and select savings products based on each individual's financial goals.

Lastly, through strategic partnerships the financial coach help participants identify, access, and optimize career development programs, small business training, college scholarships, and affordable car financing and first-time homebuyer assistance. A participant expresses her excitement by saying, "I only been in the program for three months and they have already open doors for me by helping me get into the One Family Scholarship program."

When interviewed, participants expressed a sincere belief that the financial coaching component of the Compass FSS program will be critical in helping them achieve their financial goals.

II. Optimizing Partnerships and Administrative Efficiencies

Compass has been creative in structuring staff and administrative functions to optimize resources and partnerships to expand and improve program delivery. Key lessons are summarized below.

a. Collaborating with other Housing Agencies: Compass is strategic and innovative in capitalizing on potential opportunities to broaden Compass FSS program reach within unique arrangements between housing agencies. This is seen in the relationship between LHAND and Massachusetts Department of Housing and Community Development (DHCD). Previously,

LHAND and DHCD did not have an arrangement that allowed DHCD participants to participate in LHAND's FSS program, although LHAND administers approximately 400 Housing Choice Vouchers on behalf of DHCD. Compass saw this as a great opportunity to offer the Compass FSS program to an untapped pool of DHCD voucher holders. As of June 2011, Compass entered into an official agreement with LHAND and DHCD to offer the Compass FSS program to DHCD voucher holders in Lynn. Compass worked to forge this arrangement between the two housing agencies. This arrangement not only was a huge win for Compass as it allows them access to potential new FSS participants but is beneficial because it opens up a new opportunity to collaborate and foster a relationship with DHCD, which is the largest provider of FSS programs in Massachusetts.

b. Learning from other Housing-Based, Self-Sufficiency program initiatives: Compass has built professional relationships with several researchers and experts in the FSS field, most notably with Jeff Lubell at the Center for Housing Policy. Compass has also consulted, and begun to build relationships with, Barbara Sard at the Center on Budget and Policy Priorities and Reid Cramer at New America Foundation. Compass has greatly benefited from the knowledge and insight they offer. Also, attending national and regional conferences, seminars, participating in program and field list serves, and networking with other organizations that offer similar programs has been beneficial to Compass. Cross-sharing program experiences with programs such as the Chicago Housing Authority FSS program, Montgomery County FSS program, Boston Housing Authority, Metropolitan Boston Housing Partnership (MBHP), the Crittenton Women's Union's Career Family Opportunity program, and other local FSS programs through the Massachusetts Regional FSS Coordinators meeting, has helped Compass form their own best practices and modify common practices to fit their own program needs.

c. Assemble a local network of advisors: Compass regularly consults with its board of directors and its research partner, Institute on Assets and Social Policy, as well as financial institutions. Compass values and relies on its key investors, SGP and SVP, as critical thought partners in the program launch and in its continued expansion. These stakeholders understand the program and can bring different perspectives based on their expertise. They help Compass think through the issues of project design, such as developing procedures and policies, recruiting partner organizations, and developing a framework for growth and sustainability.

Compass has built strong relationships, both nationally and locally, to benefit from what has been learned in the field and increase their capacity to serve more HCV recipients in Lynn and elsewhere.

d. Forging Community Partnerships: Compass identifies and develops strategic partnerships with other community organizations, including, but not limited to, workforce development, programs, credit unions, post-secondary educational institutions, scholarship programs, financial service institutions, asset building nonprofit organizations, and other supportive services that will help Compass FSS participants achieve their goals. Compass has observed that well-articulated partnerships provide a host of benefits. They may have more expertise to conduct tasks (such as career counseling/job training), or be able to do it more cost-effectively than Compass. They can

provide access to funding sources inaccessible to the organization like education grants. Because of the partnership Compass formed with One Family Scholars program, a few participants have received a scholarship and educational support. The partnership Compass has developed with Metro Credit Union has increased FSS participants' access to high quality financial products, included a secured credit card and a no-fee, high interest savings product. These partners can also provide publicity and referrals for the Compass FSS Program.

e. Using pre-existing resources and low-cost labor: Through experience with IDAs and familiarity with consumer financial resources, Compass adapted and modified materials standard in the consumer credit and financial education field for creation of their own financial education curriculum and relied on connections with financial service institutions to assist and provide volunteers to lead the classes.

f. Investing in a customized Participant Tracking System/Outcome Tracker: Many FSS programs complain of having to spend a great deal of time tracking and monitoring program and participant progress, and frequently blame cumbersome or inefficient management information systems/data tracking systems. Compass has worked with a private vendor, Vista Share, to develop a new management information system and data-tracking software to streamline these tasks and created a design model conducive for their needs as a savings and asset-focused, self-sufficiency program. This software has simplified data collection and has eased participant tracking. The software enables staff to generate quick reports and summaries to easily monitor program activity.

To monitor progress and to track program outcomes, Compass has worked with a private vendor to create a customized data management system that has much greater tracking capacity than the standard FSS reporting system.

III. Confronting Challenges

Compass continues to add to their knowledge and sophistication by embracing learning opportunities and experiences, and building upon lessons learned from operational challenges. Some issues are less problematic today than they were at initial stages of program development, planning, and start-up, but Compass' experience in resolving these can also provide valuable lessons for others considering this innovative approach to delivering the FSS program.

Initial Conceptualizing of Basic Program Objectives and Design Features

In the early planning stages of this program, questions arose as to whether or not Compass would be as successful running a program that by definition is predicated on increasing participant's earned income which is more suited for a traditional workforce development program rather than an asset-building program. During the conceptualizing phase, some staff members expressed early concerns whether or not Compass could easily transfer their experience working with IDA programs to the FSS population. During the pre-planning stage with SGP, Compass addressed broad questions that arose from an overarching philosophical belief of what the Compass FSS program would achieve. Some early questions were: is the Compass FSS program primarily meant to encourage savings like a traditional savings program that has largely defined Compass' work or should the program largely encourage participants to become employed and increase income like a traditional self-sufficiency program, or a combination of both? Should the program require participants to specify and use their escrow savings on a specified asset similar to IDAs? As these were questions in the early stages of program development, Compass has resolved these concerns and has particularly noticed that the work incentive provided by FSS is a powerful tool to motivate participants to seek and increase employment, increase earnings, and orient participants to core asset-development principles.

Moving From Grant Award to Project Startup

There are a few tasks and activities that are works in progress. Developing operational policies and procedures, such as the program manual and action plan, has been an ongoing process for Compass as these things were not finalized in the initial planning and start-up stages before program launch and implementation. In addition, the program/participant tracking system, Outcome Tracker, was not fully in place at the beginning and it has been challenging to get these mechanisms finalized and operating. Concurrently, establishing and developing formal policies and procedures while implementing the program can be challenging for any agency. However, Compass appears to have managed these issues and found creative strategies to resolve them.

Staff Support

While perceptions of implementation are overwhelmingly positive, the researchers observed that staff put significant time and effort into their activities and can work long schedules, that begin in the day and carry-over to the late evening. Staffing appears to be a challenge as Compass must divide staff members between their Boston and Lynn offices. In addition, Compass may decide to reexamine what type of structure of case management they want to provide. While caseload appears to be manageable right now, it may become difficult for the coordinator to manage an increasing caseload while also operating at a higher coordinator-level if more case managers are hired. Compass is in the process of re-examining staff duties and responsibilities and currently hiring more staff.

Although the coordination between LHAND and Compass is operating extremely well, some challenges remain a critical factor in ensuring efficient implementation. LHAND may need to reexamine issues of caseload size, responsibilities, and activities as the LHAND FSS coordinator has taken on new responsibilities as the primary contact and liaison for the Compass program, without a significant shift or realignment of existing duties and responsibilities.

Attracting Sufficient Numbers of Interested Applicants

While Compass has reached a recruitment and enrollment target that far exceeds the national average for standard FSS programs, they continue to explore creative ways to increase enrollment among the existing pool of potential participants and to expand that pool. The new arrangement with DHCD that allows their HCV holders to participate in Compass FSS creates more potential participants, but Compass is also exploring different options and strategies for recruitment to continue to increase their level of penetration for the FSS market.

Although possibly difficult to implement, Compass has considered holding information sessions at HCV initial orientations as an outreach strategy. Compass also has explored other creative methods, such as new effective messaging techniques with marketing materials. Compass has partnered with Doorways to Dreams to test how to apply creative imaging to their materials in an effort to optimize an innovative outreach approach. This approach may serve to be beneficial for the broader FSS program since FSS generally suffers from limited take-up and interest. While a number of participants spoke generally about the motivations for entering the program, just about all expressed a desire for homeownership. During interviews several participants also mentioned that they joined to *"build or fix credit"* or *"to learn how to better deal with money to budget and save"*. Compass continues to explore effective messaging techniques that incorporate the motivations, goals and desires revealed by these participants.

The fact that HCV recipients must have vouchers from the local housing authority limits the marketing strategies as broad based appeals may reach too many families who are not eligible to participate in the Compass FSS program.

Ensuring Participants Understand Program Requirements

Compass may explore creative ways to reinforce program requirements to participants early on. While everyone was clear about the mandatory financial education sessions, during initial interviews with select participants, several participants noted inaccurately how many coaching sessions they were required to attend. With one participant claiming that meetings were optional, another participant stating they occur once every six months, others saying every three months. One participant was confused about employment status as a requirement by stating "*participants must be working full-time, but part-time is ok too.*" Another participant openly admitted that she "*wasn't totally sure of what all of the requirements were.*" While there were not enough interviews conducted to know whether this was a consistent trend, Compass believes it is important to take note and explore creative ways to reinforce important program requirements in order to maximize participant experience.

Maintaining Participant Motivation and Progress Toward Goals

After the first year, the Compass FSS program design calls for participants to meet with their financial coach every six months. This level of contact may present a challenge in maintaining participant motivation and ensuring participants are staying engaged and making progress in the program. Compass may need to explore additional ways to keep participants motivated and support them as they strive to achieve their personal financial goals.

IV. Summary of Guiding Principles

Through their collaborative relationship, Compass and LHAND have found there to be several guiding principles and practices that have contributed to the successful project development, start-up and implementation of the Compass FSS pilot in its first year.

1. Partner with a ready, willing housing authority which is 100% on-board.

a. Have a Shared Philosophy: Compass staff noted that it is essential that the housing authority shares the same mission and have the same end goals and outcome expectations. LHAND is recognized in Massachusetts for its work in neighborhood and economic development and its long-standing relationships with nonprofits to support community development programs, fund-raising efforts and special projects. Both Compass and LHAND share the operational philosophy that housing assistance should be transitional and families should have access to the necessary supports and structures to help them achieve their economic goals. The like-minded philosophy that the two agencies share has resulted in successful planning and program delivery.

b. Establish Trusting Relationship: Compass and LHAND speak very highly of the strengths each partner brings to the relationship. Compass commends LHAND's energy and spirit toward wanting their families to succeed and advance economically. Compass also appreciates LHAND's accommodating and flexible approach to the partnership which has resulted in strong coordination and the successful implementation of the program. LHAND feels encouraged by Compass' expertise, core competencies, and strong philosophical orientation toward assetbuilding. LHAND notes that they have learned a lot about how to help participants make progress toward economic security and strategies to incentivize and entice participants toward making promising steps toward self-improvement. LHAND cites the strong organizational ability and professionalism that make Compass a trusting partner. LHAND notes that Compass' entrepreneurial spirit and business-like orientation are unmatched and is reflected in the reputable track record Compass has created with other agencies. A LHAND staff member noted that "their skills and expertise make agencies feel confident in their decision to invest in them".

c. Identify a Liaison: There should be a designated liaison between the housing authority and non-profit agency, most ideally the existing FSS coordinator. As noted by LHAND and Compass, "this is essential" as it ensures strong communication and coordination which is critical for successful program implementation of an existing program with a new model and design.

2. Learn and understand the housing-system well.

Understanding the technical aspects of the federal housing system can be challenging. However, much of this challenge can be mitigated with regular participation in housing related-training and seminars. Non-profits should take advantage of opportunities to attend trainings and receive information about the ins and outs of the housing world if it is a new focus for the agency. One way to acquire this knowledge is the Nan McKay training to learn the nuts and bolts of the housing and FSS program systems and operations.

3. Establish specific and detailed program policy and procedures for service delivery.

Program policies and procedures established before program start-up provide structure and guidance to expedite staff duties and allows their time to be allocated to other areas of implementation and service delivery as new asset building program components are rolled out.

4. Well-trained staff to conduct outreach and financial coaching/case management.

The Compass program benefits from an Outreach Specialist who is familiar with, and has established relationships in, the local community. Compass has also demonstrated the value of integrating asset building strategies and competencies into the coaching/case management model for FSS. Hiring and developing program staff with a financial services or asset building background will help families make measurable progress toward core financial security outcomes.

5. Strong outreach and marketing plan and materials.

Any agency seeking to adopt the FSS model must face the reality that recruitment is challenging. Successful outreach and enrollment will be predicated on developing a well-articulated marketing strategy with supporting materials established before program launch.

6. Implement fun activities for families and find ways to celebrate successes.

Have a system set up like the "Compass Score Card" to provide families feedback on their progress and reward them along the way. FSS is designed to be a family-oriented program, including family members in activities and celebrating participant achievements made in the program can foster morale and help participants remain encouraged and motivated to continue to achieve their goals.

OUTCOME EVALUATION

I. Outcome Study Overview

This outcome study describes participant demographic and economic characteristics captured at baseline to help address the two evaluation questions: *Is there a more effective way to implement the standard FSS program to deliver consistently strong outcomes and ensure families use this opportunity to move towards economic security? Does the Compass FSS program deliver long-term positive outcomes for families that are sustained after program graduation?* This section presents early findings and individual level outcomes of Compass FSS program participants who enrolled in the program between October 1, 2010-September 30, 2011. The analysis examines key demographic and economic outcomes related to income, employment, asset accumulation, as well as early program effects on financial practices and perceptions of financial well-being. The economic indicators tracked at baseline will provide a measure of progress as they relate to Compass FSS core program objectives:

- Increase in income
- Credit score of 660 or higher
- Debt-to income ratio less than 15%
- Sustained pattern of savings
- Utilization of quality financial services and products
- Increase in family's sense of financial well-being
- Investment in Asset(s)

II. Data Sources and Methods

The data sources used in this analysis include participant-level administrative and program data, as well as survey data collected from the Financial Practices and Well-being Survey and from the Financial Education Post-Workshop Survey.

II.a. Participant-level Administrative Data

To provide information about the characteristics of FSS participants, Compass collected baseline economic and demographic information at program enrollment. This information was gathered from the pre-application, FSS enrollment materials, and other information such as pay stubs, credit reports, and public benefit documents. Participant information was entered into the Compass tracking software, Outcome Tracker. *Demographic variables include:* gender, race, ethnicity, marital status, age, household size, years in Section 8. Economic Variables include: employment status, years employed, annual household income, formal employment income typical month, cash benefits and non-cash benefit totals, credit score, and debt source and amount.

Account-level escrow data obtained from Compass provides detail information on individual escrow balances and timing of escrow deposits for enrolled participants. Specifically, this data

illustrates the monthly account histories from participants' first month of enrollment through the end of the first year of program activity.

II.b. Survey Method

All Compass program participants are asked to complete the Financial Practices and Well-being Survey administered at the first financial education workshop session. The survey is designed to assess participants' financial confidence, skills, self-efficacy, past and present use of positive and negative financial services, and family well-being and was constructed drawing from several previously validated survey instruments. Survey items are self-reported and are primarily dichotomous yes/no questions or measured at the ordinal level (i.e. five-point scale from strongly agree to strongly disagree). The survey was developed by IASP and Compass staff and pre-tested with 15 Compass IDA program participants. Participants are also asked to complete the Financial Education Post-Workshop Survey administered at the conclusion of financial education training. Questions in this survey include select financial confidence and practice items designed to measure changes in confidence after completion of the financial education workshops.

Those completing the survey include participants currently enrolled in the Compass FSS program, those who completed the financial education workshops but chose not to enroll in the Compass FSS program, and those who dropped out of the financial education workshops. The surveys were administered by Compass program staff between September 1, 2010 and September 30, 2011. The Financial Practices and Well-being Survey will be administered annually to measure change over time in participant perceptions. The analysis presented in this report includes only participants who enrolled in the Compass FSS program in the first-year (N=76). (The seven individuals who completed the workshops but opted not to enroll in FSS at this time constitute too small a cohort to statistically analyze.)

III. Compass FSS Participant Demographic and Economic Status

III.a. Characteristics of Compass FSS Participants

Key characteristics of the 76 Compass FSS participants at program enrollment are as follows:

- Respondents are predominantly female (96%). They range in age from 21-62 years, with an average age of 38 and 51.3% of participants between the ages 30-39.
- 56.6% self-identified as Hispanic and 43.4% identified as Not Hispanic. Of those who indicated Not Hispanic, 45.5% identify as African-American/Black, 39.4% identify as Caucasian/White, 6.1% identify as Asian and 9.1% identify Multi-Race as their racial identity.
- Average household size is 3 members, including 85.9% who are single-headed families with children.
- 23.7% of all Compass FSS participants have less than a high school diploma or GED.
- 35.5% of all participants have some college education and 10.5% have an Associate's degree or higher.
- The median length of time Compass FSS participants have spent in the Housing Choice Voucher (HCV) program is 5 years. 61.9% have received HCV for five years or less, while roughly 38% have received the voucher longer than 5 years.
- 89.4% were working at the time they entered the FSS program, with 60% of <u>all working</u> <u>participants</u> working full-time and 40% working part-time and 59.2% of <u>all working</u> <u>participants</u> have been employed two years or more.

As Compass FSS participants are not fully representative of the overall FSS population, their FSS outcomes can not be generalized to the FSS program as a whole. However, it is important to provide context of how these participants compare to other FSS participants. Compared to a sample of 4,828 participants in 99 FSS programs and a tracking sample of 181 FSS participants highlighted in the 2011 HUD FSS evaluation, Compass FSS participants have higher annual incomes, higher employment rates, and higher educational attainment than the FSS enrollee and tracking sample cited in that report. ¹⁰ (See Appendix D for HUD FSS demographic data). Still it can be anticipated that some Compass FSS participants will face serious challenges in attaining self-sufficiency as almost one-quarter (23.7%) do not have a high school diploma and 27.6% are currently unemployed or have been employed less than six months. (See Appendix E for more detailed Compass demographic data.)

Employment and Income at Program Entry

- 89% are employed and 54% are employed full-time.
- 29% have annual household income below \$18,530, which is the poverty level for a household of three.

III.b. Income and Public Assistance

Table 1a shows the average annual household income, income from employment, and receipt of certain forms of public assistance at program enrollment for Compass FSS participants. Almost three-quarters (72.4%) of Compass FSS participants have *annual household incomes less than* \$30,000, and three participants have annual incomes over \$50,000. The majority (90.7%) report receiving some income from employment. The average in monthly earnings is \$1,840.43 and the average annual earnings as reported at program enrollment is \$21,922.32. Slightly more than a quarter (27.6%) of all Compass FSS participants have *monthly employment income less than* \$1,000. While participants earn on average \$1,840.43, their average *total income* is \$2,246.60 a month or \$26,959.23 annually. Total income captures additional income sources available to the family which can include child support, unemployment insurance, retirement pension, or income from friends and family. Some Compass participants also receive TANF or SSI and assistance from other income support programs. The low number (6) receiving TANF assistance is significant since a family must stop receiving TANF assistance for a period of 12 months to graduate from FSS. More than half receive food stamps and the mean value of their housing subsidy from LHAND is \$792.49, as presented in Table 1b.

Table 1a: Income Sources

	Frequency	Percent	Mean	Median
Annual HH Income			\$26,959.23	\$26,697.96
\$0-\$20,000	23	30.3		
\$20,001-\$30,000	32	42.1		
Above \$30,000	21	27.6		
Annual Employment Income			\$21,922.32	\$22,776.00
\$0-\$20,000	32	42.1		
\$20,001-\$30,000	23	30.3		
Above \$30,000	21	27.6		
Employment Income Typical			\$1,840.43	\$1,958.62
Month				
\$0-\$1500	31	40.8		
\$1501-\$3,000	34	44.7		
Above \$3,000	11	14.5		
Annual Cash Benefits Total			\$2,980.56	\$8,508.00
Annual Non-Cash Benefits Total			\$19,370.28	\$20,492.76
Total Annual Value of Benefits			\$22,350.92	\$22,791.60
\$0-\$20,000	32	42.1		
\$20,001-\$30,000	23	30.3		
Above \$30,000	21	27.6		

*Cash Benefits can include: TANF, SSI, Unemployment Compensation, and other forms of government assistance *Non-Cash Benefits can include: food stamps (SNAP), housing subsidy, MassHealth, and child care subsidy

Table 1b: Select Sources of Public Benefits

	Frequency	Percent	Mean	Median
Select Sources of Cash Benefits				
TANF Typical Month	6	7.9%	\$296.50	\$278.00
Select Sources of Non-Cash Benefits				
Housing Subsidy (HAP) Typical Month	76	100%	\$792.49	\$815.50
Food Stamps Typical Month	39	51.3%	\$394.56	\$420.00
Health Insurance Subsidy (MassHealth) Typical Month	52	68.4%	\$905.03	\$886.30

III.c. Credit and Debt

Credit and Debt at Program Entry

- Average credit score is 587 and only 8% had a credit score of 660 at baseline, which Compass considers to be financially healthy.
- Average total debt burden is \$12,757, with credit card debt as most common source of debt at 86%.

A critical component of the Compass FSS program is to help participants increase their credit score and reduce their debt burden. Of the 69 participants who had credit scores recorded at baseline, the mean score is 587. An important goal of the Compass FSS program is to help participants reach a credit score of at least 660. Only six participants (7.8%) met this benchmark at baseline as noted in Table 2a below.

Many low-income families across the country owe a significant amount of money in relationship to their income. Nationally, 27% of families with income in the bottom fifth have debt greater than 40% of their income.¹¹ All 76 Compass FSS participants have some form of debt as noted below in Table 2a. The average total debt burden is \$12,957.57. Almost two-thirds (65.7%) of all Compass participants have debt greater than \$5,000. Nearly half of those owing more than \$5,000 have an income less than \$1,500 a month and 40.7% of those with income less than \$1,500 a month have an average debt burden of \$12,091.48. Credit card debt is the most common source of debt (85.5%). Also, almost one-third (31.6%) of all participants have student loan debt and 26.3% have vehicle loan debt while fewer have debt from a personal loan. A relatively high proportion (73.7%) have debt in collections.

	Frequency	Percent	Mean	Median
Credit Score			587	588
400-500	3	4.3		
501-600	38	55.1		
601-700	26	37.7		
701-800	1	1.4		
Greater than 800	1	1.4		
Total	69	100		
Debt				
Credit Card Debt	65	85.5	\$5015.10	\$2,818
Student Loan Debt	24	31.6	\$13,317.62	\$8,656
Vehicle Loan Debt	20	26.3	\$9,271.80	\$9826
Personal Loan	9	11.8	\$1778.88	\$1098
Debt in Collections	56	73.7	\$2459.37	\$1339
All Debt Total	76	100%	\$12,957.57	\$7,956.50
\$1-500	3	3.9		
\$501-999	2	2.6		
\$1,000-4999	21	27.6		

Table 2a: Other Economic Characteristics

\$5,000-9999	18	23.7	
\$10,000-14,999	15	19.7	
\$15,000-24,999	9	11.8	
\$25,000+	8	10.5	

Table 2b: Debt over \$5,000

Monthly Income	Above \$5,000 in Debt			
\$0	5	10%		
\$1-1500	19	38%		
\$1500-3000	20	40%		
Above \$3,000	6	12%		
Total	50	100%		

Like credit score and debt information, debt-to-income is an important measure to understand and track participants' progress toward financial security. Debt-to-income is a standard, personal finance measure that calculates how much current debt a participant owes relatives to his/her income. Non-current debt (such as collection debt) is not included in this calculation. The Compass FSS program aims to help participants achieve and maintain a debt-to-income ratio under 15%. The mean debt-to-income ratio for all participants at baseline is 12%, with 76.3% of participants having a debt-to-income ratio less than 15%. Nearly a quarter of participants have a debt-to-income ratio greater than 15%, and 40.8% have a debt-to-income ratio of 0. Although the majority of participants meet the Compass target debt-to-income benchmark at baseline, it is primarily a reflection of the fact that the majority of Compass participants (73.7%) have collection debt, which is not reflected in the debt-to-income ratio. The debt-to-income ratio must be interpreted alongside data cited above related to total debt and credit score in order to reflect a robust analysis of participants' financial health. Moreover, it is important to note that the debtto-income ratio might actually increase initially as participants reduce their collection debt and establish open trade lines (such as a secured credit card) to rebuild their credit.

Debt-to- Income Ratio	Frequency	Percent	Mean	Median
			.12	.03
0	31	40.8		
1-10%	22	28.9		
11-20%	10	13.2		
21-30%	7	9.2		
31-40%	4	5.3		
41% and above	2	2.6		
Total	76	100		

Table 2c: Debt-to-Income Ratio

Economic Trends at Six Months

Among participants reaching six-months for whom there is data:

- 44% experienced an increase in annual earned income with an average of \$6,004.
- 50% experienced a decrease in public benefits with an average of \$4,025 over the past six months.
- 67% increased their credit score by an average of 54 points.

Of those reaching six-months, 16 people (62%) have triggered escrow deposits, with an average escrow balance of \$965.

Compass tracks credit, debt, income, and public benefits data for participants on a semi-annual basis for the duration of the program. As of September 30, 2011, 26 participants had reached the six-month point in the program. An analysis of economic trends for participants who had reached the six-month point by the end of the first year suggests that several Compass FSS participants made significant gains in earned income, savings, and credit score and reduced their reliance on public assistance as summarized in Table 3a below.

	%	Ν	Intake	6-Month	Avg. Increase
			Mean	Mean	
Increase in Annual Earned Income	44%	8	\$29,371.98	\$35,375.65	+\$6,003.67
Increase in Formal Employment Income	44%	8	\$2447.66	\$2947.97	+\$500.31
Typical Month					
Decrease in Annual Value of Benefits	50%	9	\$26,263.73	\$22,238.44	-\$4025.29
Increase in Credit Score	67%	16	555	609	+54
Increase in Escrow Balance	62%	16	0	\$964.81	+\$964.81

Table 3a. Economic Trends of Select Participants Reaching Six-Month Enrollment

*Total N=18 for income and benefits data. Eighteen of the 26 participants had completed six-month coaching session and provided complete income and benefits data. Remaining 8 were scheduled to be coached after September 30, 2011. *Total N=24 for credit score data. Two participants did not have credit score data at both intake and six-month point and as such are not included in this analysis.

Although 44% of Compass FSS participants who have been enrolled for six months did experience an increase in earned income, in an aggregate analysis these gains are slightly offset by participants who either (1) did not have a change in income, (2) experienced a reduction, or (3) had a total loss in earned income. (See Table 3b.) A reduction or total loss of income may reflect the difficulty some FSS participants have at securing steady employment or advancing in work during a weak economy. However, among those who experienced positive gains in income, the average salary increased to \$35,375.65 reflecting an average income increase of \$6,003.67, with one participant adding over \$19,000 in annual earned income.

More than two-thirds of participants (67%) increased their credit score at the six-month point, with an average change of 53 points. For the 26 participants who have reached the six-month point, 62% now have an escrow balance greater than zero. The average escrow balance for these participants is \$964.81.

All Participants at 6-month enrollment	Ν	Intake	6-Month Mean	Avg. Change
		Mean		
Annual Earned Income	18	\$20,850.10	\$20,398.18	-\$451.92
Formal Employment Income Typical Month	18	\$1,737.50	\$1,699.84	-\$37.66
Annual Value of Benefits	18	\$24,122.30	\$26,086.54	+\$1964.24
Credit Score	25	578	609	+31
Escrow Balance	26	0	\$593.73	+\$593.73

Table 3b. Economic Trends of All Participants Reaching Six-Month Enrollment

IV. LHAND FSS Participants' Demographic and Economic Status

IV.a. Participant Data

Below is a brief analysis of current participants in LHAND's FSS program to serve as a comparison group of a population similar to the Compass FSS participants. Currently, there are forty participants in LHAND's FSS program, who enrolled in the program prior to the Compass FSS program launch in September 2010. Information about their economic and demographic characteristics was obtained from LHAND's primary client database system (Visual Homes) in the Summer of 2010. The demographic variables that could be derived for this group include: gender, race/ethnicity, age, household composition, years in school, and years in FSS. The economic variables for this group include: annual income, total wage income, total benefit income, employment, years employed, and escrow balance. While this information will help provide a comparison of the basic similarities or differences observed between the two groups, there are limitations with using it as a baseline comparison. The primary difference in the data is that client information in the LHAND database (Visual Homes) has been entered and updated at different points throughout the client's participants.

While this analysis is preliminary, it is hoped that more data will become available, and an analysis can be made between the two groups at comparable points in time so that this information can serve as the basis for establishing a longitudinal/historical comparison between the two groups. Another goal of this study was to compare Compass FSS participant Financial Practices and Well-being Survey responses to the survey responses of the LHAND FSS comparison group. However, because of difficulty with administering the survey to the LHAND group this analysis is not possible. In the future, IASP and Compass FSS participation and explore ways to produce reliable estimates of program impact on core participant outcomes.

IV.b. Characteristics of LHAND FSS Participants

Key demographic and economic characteristics of the 40 LHAND FSS participants are similar to those of the Compass FSS participants although LHAND participants may have been substantially longer in the FSS program. The characteristics are as follows:

- Participants are primarily female (90%). They range in age from 22-58 years, with an average age of 38 and 45% of participants between the ages 30-39.
- 55% self-identified as Hispanic and 45% identified as Not Hispanic. Among those who self-identified as Hispanic 36.4% identify as African-American/Black, and 63.6% as Caucasian/White. Of those who are Not Hispanic, 38.9% identify as Black and 61.1% as Caucasian/White. None identified as Asian or multi-race.
- Average household size is 3 members, including 86.1% who are families with children.
- 80% of all LHAND FSS participants have attended at least 12 years of school or more. 20% have attended school less than 12 years.
- 66.6% were working at the time of data collection, with 23.1% of all participants working part-time and 43.5% working full-time. 96.1% of working LHAND participants have been employed two years or more. (See Appendix F for further demographic data about LHAND FSS participants.)

The data indicates that LHAND FSS participants have an average annual income of \$22,407 which is less than mean value for Compass FSS participants. However, similar to Compass FSS participants, 70% have annual income less than \$30,000 and 63% report receiving some income from wage earnings. At the time of FSS program entry, the average earned income for LHAND FSS participants was \$16,193. (See Appendix F for further data for LHAND FSS participants.)

As of October 2010, the median length of time LHAND participants have spent in the FSS program was two year, with 65% of LHAND participants enrolling in 2008 or 2009. Almost two-thirds (62.5%) of LHAND participants have accumulated funds in an escrow account and the average value accumulated is \$2,820.22, with one participant having an escrow balance greater than \$25,000. This compares to 35.5% of all Compass FSS participants having an escrow balance after being in the program one year or less and to 62.2% of Compass FSS participants who have been in the program for six months. The average balance at the end of the first year for those participants who have been in the program for at least six months is \$965. (See Section V. c. for more information on Compass FSS participant escrow activity.)

V. Financial Practices and Confidence

V.a. Financial Products and Services

Financial Products and Services at Program Entry

- 84% have either a checking or savings account.
 - 41% of Compass FSS participants met the program's benchmark goal of utilizing two or more quality financial products & no negative financial products in the last year.

Low-income households in the United States can face significant barriers to accessing mainstream banking services and pay high costs for conducting basic financial transactions through check cashers and other alternative service providers. In the 2009 FDIC National Survey of Unbanked and Underbanked Households, nearly 8% of all U.S. households and 23% of lower income households reported living in households that do not have a checking or savings account.¹² In addition, 18% of U.S. households are underbanked, which means that although a household may own a traditional checking or savings account they also use an alternative financial service such as a pay-day loan, pawn shop, or check casher. These high-cost financial services and inadequate access to bank accounts may undermine widely shared societal goals of reducing poverty and helping families build assets and achieve economic security.¹³ Connecting families to optimal financial products and services is an important objective for the Compass FSS program.

To better understand what financial products and services Compass FSS participants use, participants were asked several related questions about their past and present use of certain financial products and services in the baseline Financial Practices and Well-being survey administered when they began the financial education workshop sessions. See Table 4 below for their responses.

Compass FSS participants appear to be "banked" to a greater extent than typical low-income families. Most (83.0%) have a checking account, 58% have a savings account and 57% use direct deposit. Only 14.4% of Compass participants are "unbanked." Unbanked participants have an average household income of \$15,352. While 55.2% of Compass FSS participants have both a checking and savings account, nearly half of these participants still utilize alternative financial services such as payday loans, rent-to-own centers, check-cashers, Refund Anticipation Loans (RALs) or cash advances on credit cards. However, only 41% of Compass FSS participants meet the program's benchmark goal for the utilization of quality financial products and services: utilizing two or more quality financial products (i.e. checking account, savings account, retirement account, etc.) and no negative financial products within the last year.

Compass FSS participants are marginally connected to some other financial products that will aid in building assets over time. Twenty-four participants (32.4%) have a retirement account through an employer, but only two participants (2.8%) have a Certificate of Deposit (CD). None of the families indicated having a college savings account, although 68.1% report college savings for children as one of their top three savings goals. (See Table 4.)

	Ν	Yes		No		Don't Know	
		#	%	#	%	#	%
Checking Account	76	63	82.9	12	15.8	1	1.3
Saving Account	74	43	58.1	30	40.5	1	1.4
CD	72	2	2.8	66	91.7	4	5.6
Employer Retirement Account	74	24	32.4	42	56.8	8	10.8
IRA	72	1	1.4	68	94.4	3	4.2
College Savings	74	0	0	73	98.6	1	1.4

Table 4: Financial Characteristics and Use of Financial Services

Other Child Savings	74	8	10.8	65	87.8	1	1.4
Direct Deposit	74	42	56.8	32	43.2	0	0
Own Car	74	57	77	17	23	0	0
Own Business	72	1	1.4	71	98.6	0	0
Pay Day Loan	76	12	15.8	64	84.2	n/a	n/a
Rent to Own	74	8	10.8	66	89.2	n/a	n/a
RAL	74	14	18.9	60	81.1	n/a	n/a
Check Cashers	75	9	12	66	88	n/a	n/a

V.b. Savings Goals

Savings Goals and Escrow Accumulation

- Escrow funds have been deposited for 36% of participants in the first year, with average escrow balance of \$680.
- Savings for a house, college for children, and for emergency are top savings goals.

An important objective of the Compass FSS program is to encourage savings among FSS participants and orient participants toward strategic use of their funds accumulated in the FSS escrow account or other savings owned by the participant toward important asset development purposes. When asked to indicate a savings goal, 69 participants identified a total of 213 savings goals. Saving for a house, followed by college for a child, and saving for an emergency were among the top three goals indicated. (See Table 5.)

Table 5:	Savings	Goals
I able 51	Durings	UUUIB

	Ν	Frequency	Percent
House	69	58	84.0
College for Children	69	47	68.1
Emergency	69	35	50.7
General Savings	69	27	39.1
Retirement	69	24	34.7
Vacation	69	13	18.8
Other	68	9	13.0

V.c. Escrow Account: Patterns of Escrow Accumulation and Deposits

One of the most important benefits of the FSS program is the opportunity to accrue savings using the FSS escrow account. The FSS escrow component represents a promising strategy for helping low-income families in the HCV program to increase their savings and build assets.¹⁴. Prior research has illustrated that FSS graduates have succeeded in accumulating significant escrow savings, with the average escrow balance at the time of graduation being about \$5,300 according to the recent 2011 evaluation of HUD's FSS program.¹⁵ Although FSS graduates can use their

savings any way they choose, limited research suggests that common uses are vehicle purchase, down payment on a home, and post-secondary education.¹⁶ The emphasis on asset-building is consistent with the growing recognition that assets play a critical role in breaking the cycle of poverty. Literature on the importance of assets illustrate that families with assets have greatest potential to progress to economic security by establishing emergency savings for the family, investing in post-secondary education, or securing reliable transportation to maintain steady employment. Assets also help families purchase a home that provide greater residential stability, reduce the need for ongoing rental housing subsidy, and build equity that provides long-term asset security for the family.¹⁷

Escrow Account Data

The account-level escrow data obtained from Compass provides detail information on individual escrow balances and timing of escrow deposits. This section presents information on account transactions for participants of the Compass FSS program, from initial enrollment to the end of the first year. The following tabulations are based on 76 participants.

	Frequency	Percent
Participants with Positive Escrow Balances	27	35.5
Participants with Zero Escrow Balance	49	64.47
Total	76	100
Escrow Account Balance		
\$0	49	64.5
\$1-\$500	19	25
\$501-\$1000	1	1.3
\$1001-\$1500	3	3.9
\$1501-\$2000	0	0
\$2001-\$2500	2	2.6
\$2501and above	2	2.6

Table 6: Escrow Balance for Compass FSS Participants

Escrow Balance Data

Escrow account deposits are initiated automatically when the earned income recorded at the beginning of the Contract of Participation increases, triggering an increase in rent. An amount approximately equal to the rent increase is deposited into an escrow account in the participant's name. Table 6 shows the average escrow account balance for all Compass FSS participants at the end of the pilot year. Compass participants have escrow balances that total \$18,362. It is important to note that over a third of Compass FSS participants have begun to escrow within the first year. Because participants entered the program at different points over the course of the year, participants who have been in the program longer have had a longer time to accumulate funds in their escrow compared to participants who have been enrolled for a shorter time. Among participants with a positive escrow balance, 55.6% have been enrolled in the program for less than six months and 44.4% were enrolled more than six months. Among the 27 participants with positive escrow balances, the average escrow balance at the end of the first-year was

\$680.07. The lowest escrow balance is \$13.00 and the highest is \$3,414. The average value of monthly deposits in the first-year of the Compass program was \$236.05. Among the 27 participants with positive escrow balances, 48 % have a total escrow balance less than \$200, and 26% have an escrow balance greater than \$1,000. The three escrow accounts with the greatest amount are owned by participants who have been enrolled longer than six months and had a substantial boost in earned income shortly after entering the program. Among those reaching sixmonths, (62%) have an average escrow balance of \$965.

Patterns in Escrow Account Balance and Employment

The recent HUD FSS study found that FSS participants achieve substantial escrow balances in three ways: (1) some start with full-time work and a relatively high income and their income continues to grow, (2) some were unemployed at program start and become employed and (3) others start with part-time work and low income and then experience substantial gains in income. Among the 27 participants with positive escrow balances, 55.5% work full-time. Among the 49 who do not have a positive escrow balance, nearly the same percent (53%) work full-time and nearly 28.6% work part-time. Table 7 illustrates that a similar number of full-time workers and part-time workers have balances less than \$500. Four participants working full-time have balances greater than \$1,000 compared to three participants working part-time. It is noteworthy that the escrow account with the greatest amount belongs to a participant who works part-time.

Escrow Balance by Employment Status	F	full-Time	Part-Time		Ur	Unemployed	
	N	Percent	Ν	Percent	Ν	Percent	
\$0	26	63.4	14	53.8	9	100	
\$1-500	11	26.8	8	30.8	0	0	
\$501-1,000	0	0	1	3.8	0	0	
\$1,001-1,500	1	2.4	2	7.7	0	0	
\$2,001-2,500	2	4.9	0	0	0	0	
\$2,501-3,000	1	2.4	0	0	0	0	
Above \$ 3,000	0	0	1	3.8	0	0	
Total (N)	41	100	26	100	9	100	

Table 7: Escrow Balance Amount by Employment Status

V.d. Financial Confidence, Attitudes and Practices

Financial Practices and Confidence

Compass participants scored relatively low on financial practice statements at baseline however, participants experienced a significant increase in confidence related to saving, tracking income, and spending less after completing financial education workshops. An important objective of the Compass FSS program is to help participants develop core financial competencies, related to budgeting, credit and debt, saving, and asset-building. Through financial education and coaching, the Compass FSS program seeks to increase participants' confidence in their ability to develop new financial skills and positive financial practices. Participants were asked to complete a pre-workshop baseline survey (Financial Practices and Well-Being Survey) and a post workshop survey (Financial Education Post-Workshop Survey) after completing three financial education workshops. The baseline survey asked participants to describe their current financial practices and rate their confidence level at performing certain financial behaviors. The purpose of the Financial Education Post-Workshop Survey was to capture participants' change in confidence and "intended" financial behaviors immediately after completion of the financial education workshops.

In the baseline survey, participants were asked to rate how frequently they engaged in the financial practices presented in the eleven-item scale below (Always=5 to Never=1). The items in the scale represent practices related to budgeting, tracking income, saving, payment of bills, and overall financial management of basic household expenses. The questions are from the financial behavior scale created by Jacob (Woodstock Institute 2002)¹⁸ and from the Financial Education Evaluation Manual developed by NEFE. Both scales are widely tailored for the financial education community to measure financial skills and behavioral change. Other questions in the scale were included specifically for the present survey. These were based on responses received in pilot-testing and recommendations provided by program staff who offered suggestions based on their experiences with low-income families.

The statements reflect both positive and negative practices. Although it is not possible to definitively determine what effect a particular practice will have on an individual, it is possible to make an informed judgment. For example, it is reasonable to assume that it is unlikely that *"saving regularly to achieve goals", "having enough money to pay basic expenses",* or to *"keep track of spending and income"* will produce a negative effect. Behaviors like *"borrowing money from friends and family", "charging basic expenses on credit card",* or *"paying over draft fees on a bank account"* would reasonably produce a negative effect, as these behaviors may hinder a family's progress toward financial stability. To make the overall scale represent positive financial practices, these three negative behaviors are reverse scored.

Measure	Mean (SD)*
(Range: 5=Always; 4=Usually; 3=Sometimes; 2=Rarely; 1=Never)	
I pay my bills on time.	3.20 (1.108)
I establish financial goals.	2.46 (1.11)
I save regularly to achieve my financial goals.	2.33 (1.322)
I keep track of spending and income.	2.97 (1.346)
I spend less than I receive in monthly income and benefits.	2.54 (1.284)
I have enough money to pay my basic monthly expenses, like food, rent, and	2.97 (1.273)
utilities.	
I can afford to fix my car when needed.	2.53 (1.065)
I pay my credit card balance in full every month.	2.05 (1.213)

Table 8: Financial Practices Scale Results

3.84 (.922)
3.81 (1.029)
3.44 (1.417)

* SD = Standard Deviation

Table 8 summarizes the mean response score for each statement at baseline. The statement "*I pay my bills on time*" is the positive action with the highest mean score and 65.8% of respondents indicate they do this sometimes or usually. All of the negative statements reached high mean scores with 64.9% indicating these participants "sometimes" or "rarely" engage in these behaviors. A small percentage (9.7%) of the sample indicated that they *always* save regularly, while a fairly higher proportion (39%) indicated *never* saving regularly.

Table 9 summarizes participant's financial confidence. On a scale from 1(not confident) to 5 (very confident), participants were asked to rate how confident they were at completing certain financial behaviors. Comparing clients' responses across the baseline and follow-up surveys, the results demonstrate positive changes in their perceived ability to adopt healthy financial behaviors. The significant increase in confidence related to saving, tracking income, and spending less is particularly notable, considering that so many participants scored low on these questions in the financial practices scale.

Table 9: Changes in Financial Confidence

Statement	Ν	% Confident or Very Confident				
	70	Baseline Survey	Post-Workshop Survey			
Pay bills on time		43.9	62.3			
Establish my financial goals		42.4	75.8			
Save regularly to achieve my goals		29.4	62.3			
Keep track of spending and income		34.4	71			
Spend less than my monthly income and benefits		38.8	68.1			

VI. Family Financial Well-Being

Family Financial Well-Being

- A large number of participants experience economic strain and worry about money.
- Over half of all participants indicated lack of skills, education, and training as the common obstacle to getting ahead.

However, participants are overwhelmingly optimistic about the future:

- 88% agreed or strongly agreed at baseline to being ready to sacrifice in the present to achieve results in the future.
- 86% of participants strongly agreed or agreed to being able to support their families without Section 8 (HCV) assistance after financial education workshops.

An important objective of the Compass FSS program evaluation is to understand participants' perceptions of financial well-being as a result of program participation. This focus is supported by the existing research related to the effects of asset accumulation, especially the American Dream Demonstration project that examines the impacts of savings programs on social and economic well-being. The evidence in the literature supports that savings and assets appear to increase economic stability in households, decrease economic strain, and promote educational attainment, self-efficacy, and a positive future orientation.¹⁹ There is also some indication that these effects are particularly strong for economically disadvantaged individuals. While research examining similar economic effects observed in participants of FSS programs is limited, the Compass FSS program provides an opportunity to explore this question in the context of a financial coaching and savings program tailored to participants in a subsidized housing program.

The Financial Practices and Well-Being Survey administered at baseline is one tool used to gauge participants' perceptions of well-being at program entry. The survey incorporates three-widely used measures of well-being: *future orientation, perceived economic strain, and self-efficacy*. The survey also borrowed an item from the "Consideration of Future Consequences" scale created by Strathman et al. (1994) and modified by Loibl and Redbird (2009).²⁰

Economic strain is defined as the perceived inability of household members to afford food, medical/dental care, affordable/adequate shelter, utilities, transportation, and clothing. ²¹ The economic strain scale used in this study was created by Hilton and Devall (1997) and modified by Loibl and Redbird (2009).²² The original12-item scale has been previously tested for reliability and validity. For this survey, 5-items were modified from the original 12-item scale. Two additional items were created to tailor the survey to participants in the HCV program.

The self-efficacy measure was drawn from the Generalized Self-Efficacy Scale created by Ralf Schwarzer and Matthias Jerusalem (1995).²³ The scale was created to assess a general sense of perceived self-efficacy with the aim in mind to predict coping with daily hassles as well as adaptation after experiencing stressful life events. As a construct, self-efficacy is important as it reflects and optimistic self-belief and has been shown to facilitate goal setting.²⁴ Participants are asked to rate their responses on a four-point scale (1=not at all true and 4=exactly true). The original 10-item scale was modified to a 5-item scale for the survey used in this study.

VI.a. Self-Efficacy

Table 10 summarizes the mean response score for each self-efficacy statement. Compass FSS participants indicate a low level of confidence in their ability to accomplish their goals, as summarized above in Table 9. At the same time, on the self-efficacy scale, participants indicate an ability to confront and solve problems, especially when facing difficult situations. Compass will monitor changes in confidence and self-efficacy over the duration of FSS program participation, as data from the post-workshop surveys alone indicates a significant boost in confidence, in a short period of time. If such trends continue, Compass expects to see a similar boost in self-efficacy over time. Drawing on behavioral economics research, Compass maintains that the ability to make progress to financial security is predicated on these fundamental changes in confidence and self-belief.

Table 10: Self-Efficacy Scale

Measure 4=Exactly True, 3=Moderately True, 2=Hardly True, 1=Not at all True	Mean (SD)
It is easy for me to stick to my aims and accomplish my goals.	2.71(.825)
I can remain calm when facing difficulties because I can rely on my coping	2.73(.976)
abilities.	
When I am confronted with a problem, I can find several solutions.	3.04(.851)
I can always manage to solve difficult problems if I try hard enough.	3.36 (.729)
I am confident that I could deal efficiently with unexpected events.	3.03 (.726)

VI.b. Economic Strain

Table 11 summarizes the mean response score for each statement related to feelings of economic strain. The mean score indicates the greatest agreement with statements regarding the shortage of money for every day expenses and getting ahead. Almost three-quarters (73.6%) of participants agree or strongly agree that it is hard to live on their present income. An overwhelming number (85.3%) worry about money. Seventy-five percent also worry about disappointing children. These high numbers indicate that these participants experience significant strain in their lives. In addition, 53.9% indicated worrying about losing Section 8 (HCV), if they make too much money at work. Similarly, 52.6% also worry about losing Section 8 (HCV) if they save too much money, despite the reality that rent calculations are income, not asset based.

Table 11: Economic Strain

Measure (Range: 5= Strongly Disagree, 4=Disagree, 3= Neither Agree Nor Disagree,	Ν	Mean (SD)
2=Agree, 1=Strongly Agree)		
1. It is hard for me and my family to live on our present income.	76	2.10 (1.001)
2. I worry about money.	75	1.72 (1.007)
3. I worry about disappointing my children because I cannot give them the things	76	2.00 (1.131)
that they want.		
4. I feel frustrated because I cannot afford the education or training I need to get	76	2.13(1.087)
ahead.		
5. I have to put off getting medical care for family members because of money.	75	3.56 (1.397)
6. I worry about losing my Section 8 if I make more money at work.	76	2.57 (1.378)
7. I worry about losing my Section 8 if I save too much money.	76	2.68 (1.397)

VI.c. Barriers

Just as Compass FSS participants indicated feeling significant economic strain in their lives, they too recognize the barriers that make it difficult to achieve their goals. Compass FSS participants identified a total of 139 barriers. Over half (53.4%) indicated lack of skills, education, and training as the common obstacle to getting ahead. Other barriers frequently identified were lack

of affordable child care, limited English proficiency, and lack of reliable transportation. These barriers are consistent with the service needs highlighted by FSS participants nationally. When entering the FSS program, participants particularly cite affordable child care and transportation as the greatest barrier hindering their progress to self-sufficiency.²⁵ (See Table 12.)

Barriers	Ν	Yes	
		Frequency	Percent
Lack of Skills/Education/Training	73	39	53.4
Lack of reliable or affordable childcare	72	19	26.4
Limited English proficiency	76	19	25
Lack of reliable or affordable transportation	73	17	23.3
Health or physical disability	74	13	17.6
Illness	73	8	11
Bad landlord reference or housing history	73	7	9.6
Learning disability	74	6	8.1
Safety concerns and/or domestic violence	73	5	6.8
CORI/Criminal Record	73	4	5.5
Other	71	2	2.8

Table 12: Barriers to Achieving Goals

VI.d. Future Orientation

Questions regarding future orientation included in the baseline and the post-workshop surveys provide an opportunity for an early measure of change. An overwhelming majority agreed or strongly agreed to being ready to sacrifice in the present to achieve results in the future. Participants appear to have felt even more strongly after completing the financial education workshops, as indicated by the 60% who strongly agreed with this statement. The proportion of participants who agreed or strongly agreed to being able to support their families without Section 8 (HCV) assistance significantly increase from baseline to post-workshop. At baseline, 77% of all participants strongly agreed or agreed with this statement compared to 85.7% at postworkshop. Among those who indicated "agree" to this statement at baseline, 59% switch their responses to "strongly agree" to this statement at post-workshop. Compass FSS participants are also hopeful about their financial future. Two-thirds (67.6%) feel that their finances will be better in the next year. This number significantly increases to 97% at post-workshop. Parents appear to be overwhelmingly optimistic about their children's future, as indicated by the 92% of participants who believe their children will be better off financially. Table 13 summarizes the mean scores for these responses and Table 14 reports the depth of agreement with the future orientation statements.

Table 13: Future Orientation Mean Scores

Future Orientation 5=Strongly Agree, 4=Agree, 3=Neither agree Nor Disagree, 2=Disagree, 1= Strongly Disagree	Ν	Baseline Mean(SD)	Post- Workshop Mean (SD)
1. I am ready to sacrifice in the present to achieve results in the future.	70	4.40(.736)	4.43(.910)
2. In the future, I will be able to support my family financially without Section 8 housing assistance.	70	4.09(1.047)	4.43 (.941)
3=Better, 2=Same, 1=Worse			
3. What do you think your finances will be like in a year?	70	2.63 (.571)	2.96(.172)
4. When your children are grown, do you expect that their	75	2.89(.388)	
financial situation will be better than, about the same as, or worse than yours?			

Table 14: Future Orientation

Future Orientation	Ν	Strongly	Agree	Neither	Disagree	Strongly	
		Agree				Disagree	
I am ready to sacrifice in the present to achieve results in the future.							
Baseline	70	52.7%	35.1%	10.8%	1.4%	0%	
Post-Workshop	70	60%	31.4%	2.9%	2.9%	2.9%	
In the future, I will be able to support m	y fami	ly financially	without	Section 8 ho	using assista	nce.	
Baseline	70	44.6%	32.4%	14.9%	5.4%	2.7%	
Post-Workshop	70	64.3%	21.4%	10%	1.4%	2.9%	
	Ν	Better	Same	Worse			
What do you think your finances will be	like in	n a year?					
Baseline	70	67.6%	27.9%	4.4%			
Post-Workshop	70	97%	3%	0%			
When your children are grown, do you expect that their financial situation will be better than, about the							
same as, or worse than yours?	_						
Baseline	75	92%	5.3%	2.7%			

VII. Comparison of Select Responses by Income and Duration of HCV

VII.a. Variation Based on Amount of Monthly Employment Income

Although this analysis primarily examines baseline responses, much can be learned from initial comparison of responses to select questions based on the amount of monthly household employment income. As might be expected, mean scores regarding a statement about having enough money for basic expenses increase significantly as monthly employment income increases, but the same pattern is not true for savings. In Table 15 very similar mean scores across income levels are reported for agreement with the statement *"I save regularly to achieve*

my financial goals." More can be learned about the many factors that may contribute to this when Compass FSS participants are interviewed at their one-year coaching session. Also, answers on the follow-up Family Financial Well-being Survey in the second year can reveal the extent of the impact from the program. The mean scores indicate that the level of employment income is not a major factor in the extent to which FSS participants worry about losing Section 8 (HCV) due to earning too much. The same is true regarding the statement about having too much money in savings with the exception of those with monthly employment income over \$3,000 which may partially explain why these individuals do not report saving regularly more frequently than those with lower incomes. All participants reported strong agreement with the statement regarding losing their reliance on Section 8 in the future, particularly those with the highest income.

Table 15: Select Responses by Monthly Employment Income

Financial Practices 5=Always; 4=Usually; 3=Sometimes; 2=Rarely; 1=Never	\$0 N=6	\$0-1500 N=23	\$1500-3000 N=34	Above \$3,000 N=11
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)
I have enough money to pay my basic monthly expenses, like food, rent, and utilities	2.50 (1.517)	2.71(1.301)	3.03 (1.267)	3.64(.924)
I save regularly to achieve my financial goals.	2.33 (1.033)	2.22 (1.445)	2.44(1.318)	2.27(1.348)

Economic Strain 5= Strongly Disagree, 4=Disagree, 3= Neither Agree Nor Disagree, 2=Agree, 1=Strongly	\$0 N=6	\$0-1500 N=25	\$1500-\$3000 N=34	Above \$3,000 N=11
Agree	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)
I worry about losing my Section 8 if I make	2.50 (1.643)	2.40(1.291)	2.71 (1.267)	2.64 (1.286)
more money at work.				
I worry about losing my Section 8 if I save	2.50 (1.643)	2.44(1.325)	2.62 (1.371)	3.55 (1.368)
too much money.				

Future Orientation 5=Strongly Agree, 4=Agree, 3=Neither agree Nor Disagree, 2=Disagree, 1= Strongly Disagree	\$0 N=6 Mean (SD)	\$0-1500 N=24 Mean (SD)	\$1500-\$3000 N=34 Mean (SD)	Above \$3,000 N=11 Mean (SD)
In the future, I will be able to support my family financially without Section 8 housing assistance.	3.33(1.032)	4.20(.977)	4.02 (1.029)	4.6 (.966)

VII.b. Variation Based on Length of Time in Section 8 (HCV) Program

Responses to select questions relating to the status of the Section 8 (HCV) voucher were also examined for those who have received HCV less than five years and those receiving it more than five years. Table 16 indicates that concern regarding the loss of the voucher due to an increase in employment income or money in savings is significantly higher for those who have been receiving the voucher for less than five years. Respondents express confidence that they will be able to support their family in the future without Section 8 (HCV), regardless of the length of their tenure in the program. However, the agreement with this statement is slightly higher for those who have been in the program more than five years.

Table 16: Select Responses by Years Receiving Section 8 (HCV)

Economic Strain 5= Strongly Disagree, 4=Disagree, 3= Neither Agree Nor Disagree, 2=Agree, 1=Strongly Agree	< 5 years in Section 8 N=47 Mean (SD)	>5 years in Section 8 N=29 Mean (SD)
I worry about losing my Section 8 if I make more money at work.	2.64 (1.405)	2.48(1.353)
I worry about losing my Section 8 if I save too much money.	2.81 (1.409)	2.48(1.379)

Future Orientation 5=Strongly Agree, 4=Agree, 3=Neither agree Nor Disagree, 2=Disagree, 1= Strongly Disagree	< 5 years in Section 8 N=47 Mean (SD)	>5 years in Section 8 N=28 Mean (SD)
In the future, I will be able to support my family financially without Section 8 housing assistance.	4.04 (1.053)	4.21(.994)

CONCLUSION

This report represents the first of three reports for the multi-year evaluation of the Compass Financial Stability and Savings Program. The first part of the report introduces the Compass' innovative, asset-building model for HUD's national Family Self-Sufficiency Program. With emphasis placed on incentive-based savings, financial coaching, and helping families access economic opportunities, Compass has designed a potentially higher impact model for the FSS program with the goal of helping families achieve greater economic security.

Critical to initiating the FSS program was the development of a trusting relationship with LHAND and forging local and national relationships to benefit from what has been learned in the field. LHAND's technical assistance and responsive approach to the partnership has resulted in an effective collaboration and a very successful launch of this new approach to the FSS program.

Another crucial factor in successful implementation was Compass' creative marketing and outreach campaign, which helped Compass exceed its first-year enrollment target. By incorporating effective messaging techniques into outreach materials, Compass tapped into families' aspirations and as a result, was able to increase the penetration rate for recruitment far beyond the typical FSS program. After completing the financial education component participants possess a new found confidence that they can make progress toward fulfilling their financial goals with an overwhelming majority proceeding to enroll in the Compass FSS program.

Although the outcomes of the Compass FSS pilot will not be fully realized for several years, the economic indicators captured at baseline provide a measure of progress as they relate to Compass FSS core program objectives. Most notably, the program has seen early improvements in income, credit scores, savings and escrow accumulation, as well as promising outcomes in participant perceptions of well-being.

The next phase of the evaluation will continue to assess the effectiveness of key program components and develop an in-depth understanding of perceived program benefits. An assessment of changes in financial well-being and confidence will be achieved by comparing data from responses to the baseline and annual follow-up Financial Practices and Well-being Surveys. Qualitative interviews will be conducted with FSS participants who have been in the program for one year in order to gain an in-depth understanding of participant's progress to economic security.

These findings and a more comprehensive analysis of outcome results will be presented in the second year report along with a progress report on key areas of program implementation that have implications for further program modification and improvement. If it is feasible and reasonable to collect the appropriate data, the second year report will also include a comparative analysis of participants in a typical FSS program and/or eligible individuals who choose not to participate in FSS. Similar research and data results will be analyzed for the third year report along with an assessment of the cost-benefit of the Compass FSS program based on changes in participants' financial status overtime.

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APPENDICES

- A. Work Plan for Process and Outcome Evaluations and Cost Benefit Analysis
- B. Compass Outreach Activities and Materials
- C. Participant Responses to Post-Financial Education Workshop Survey
- D. National FSS Participants' Demographic Data
- E. Compass FSS Participants' Demographic Data
- F. LHAND FSS Participants' Demographic and Economic Data

APPENDIX A

Work Plan for Process and Outcome Evaluations, and Cost Benefit Analysis

First Year – July 2010 to June 2011

Process Evaluation	Timeline
Compass will document number of participants who enroll in and complete	September 2010-July
financial education workshops; and number of participants who complete	2011
workshops and enroll in FSS; and IASP will analyze this data and attrition	
patterns from workshops.	
Design pre- and post- workshop survey to assess 1) how participants heard	IASP Design - July-
about the program; 2) participant knowledge/confidence gained from financial	August 2010
education training 3) participant satisfaction with training; and 4) financial and	Compass Conduct - at
personal factors entering into decision to participate in FSS or not.	entry & completion of
	workshops
IASP will conduct qualitative interviews with a random sample of workshop	At end of each training
participants for a more in-depth understanding of the effectiveness of	session
recruiting strategies and of perceived benefits of program.	
IASP will interview Compass program coordinator and financial coach(es) and	January, June 2011
key LHAND staff regarding their assessment of the implementation process.	
IASP will analyze and report findings with recommendations for program	July 2011
modification, if appropriate.	
Outcome Evaluation and Cost Benefit Analysis	
IASP will review research literature to identify measures of economic well-	July-August 2010
being to determine what indicators will most effectively document progress	
toward program goals.	
IASP will analyze and document financial status/well-being of current Section	July-September 2010
8 FSS participants (~40) and FSS graduates (as time permits) in Lynn to build	
comparative analysis for Compass FSS program. Review records held by	
LHAND, interview LHAND staff, and with assistance of LHAND, get	
permission to access further information regarding income data, use of public	
assistance, amount in escrow account, and credit scores. Utilize Visual Homes	
and client files as primary data sources.	
IASP will identify and pursue other "comparative" data about	Jan. –March 2011
effectiveness/impact of FSS programs regionally and nationally.	
To assess potential FSS participants' Economic Well-being and Financial	IASP Design – July-
Efficacy, design baseline survey instrument to be administered to participants	August 2010
when they enter the program. The survey will document and assess	
participants' financial confidence, skills, self-efficacy, and aspirations; access to	Compass Conduct - as
employment supports (e.g child care, transportation); past and present use of	participants enroll in
negative financial services; past and present use of positive financial services	training workshops
including accessing EITC; and savings history.	
IASP will review data collected by Compass and entered into Outcome Tracker	As available

at program entry and six month review on key outcomes measures: income, use/value of benefits, credit score, debt-to-income ratio, savings pattern, escrow accumulation, asset development (i.e. interim and final escrow disbursements toward asset goals)	
At end of first year, IASP will produce analysis of findings and preliminary	July-August 2011
Process Evaluation report and Outcome Evaluation report . The latter will	
include analysis of baseline Economic Well-being and Financial Efficacy	
survey, baseline and six-month/one-year Outcome Tracker results, and	
comparison to other LHAND Section 8 FSS participants and data from other	
FSS programs nationally.	
Compass and IASP will discuss findings and recommendations with other	September 2011
stakeholders and interested MA FSS programs.	
Compass and IASP will clarify preliminary cost benefit strategy; notably, focus	July –August 2010
on public expenditures as lens for analysis.	
Compass and IASP finalize baseline data that must be collected and integrated	July – August 2010
into Outcome Tracker database in order to support longer term cost-benefit	
analysis.	

Second Year – July 2011 to June 2012

Dreases Fastian	Timeline
Process Evaluation	
Continue to document number of participants who enroll in and complete	September 2011-July
financial education workshops; document number of participants who	2012
complete workshops and enroll in FSS; document and analyze attrition patterns	
from workshops.	
Continue to conduct survey to evaluate 1) how participants heard about the	At beginning and end
program; 2) participant knowledge/confidence gained from financial education	of each training
training 3) participant satisfaction with training; and 4) financial and personal	session
factors entering into decision to participate in FSS or not.	
Continue to conduct qualitative interviews with a random sample of	At end of each training
workshop participants for a more in-depth understanding of the effectiveness	session
of recruiting strategies and of perceived benefits of program.	
For FSS participants who have dropped out of program , IASP will conduct	As needed
phone interview to assess contributing factors.	
IASP will conduct qualitative interviews with a representative sample of FSS	Nov. 2011- Mar. 2012
participants to gain a more in-depth understanding of perceived program	
benefits and effectiveness of key program components (i.e. financial education,	
coaching, peer support, community partnerships, etc.).	
IASP will interview Compass program coordinator and financial coach(es) and	June 2012
key LHAND staff regarding their assessment of the implementation process .	
IASP will analyze and report findings with recommendations for program	July 2012
modification, if appropriate.	
Outcome Evaluation and Cost Benefit Analysis	
Continue to assess FSS participants' Economic Well-being and Financial	As participants enroll
Efficacy by conducting and analyzing baseline and annual surveys.	in FSS

To further assess FSS participants' progress in Economic Well-being and	Nov. 2011- March 2012
Financial Efficacy, IASP will conduct qualitative interviews of representative	
sample of FSS participants in the program at least one year to learn how they	
experience economic well-being.	
IASP will continue to review data collected by Compass and entered into	After participants in
Outcome Tracker on key outcome measures: income, use/value of benefits,	FSS one year
credit score, debt-to-income ratio, savings pattern, escrow accumulation, asset	
development (i.e. interim and final escrow disbursements toward asset goals)	
For program graduates, IASP will review data collected by Compass on key	At time of program
outcome measures (see above) and success in achieving stated goals and	graduation
compare to other LHAND Section 8 FSS graduates and national data.	
At end of second year, IASP will produce analysis of findings and progress	July-August 2012
report on comparison of baseline and one-year data for Economic Well-being	
and Financial Efficacy and Outcome Tracker results, and develop mid-term	
recommendations for program modification, if necessary.	
Compass and IASP will discuss findings and recommendations with other	September 2012
interested stakeholders and MA FSS programs.	

Third Year – July 2012 to June 2013

Process Evaluation (continuation of Process Evaluation at new site TBD)	Timeline
Outcome Evaluation and Cost Benefit Analysis	
Continue to assess FSS participants' Economic Well-being and Financial	As participants enroll
Efficacy by conducting and analyzing baseline and annual surveys.	in FSS
IASP will continue to conduct qualitative interviews of representative sample	Nov. 2012 - Mar.2013
of FSS participants in the program at least one year to learn how they	
experience economic well-being and assess their progress and to ascertain their	
perspectives regarding program benefits and effectiveness of key components.	
IASP will continue to review data collected by Compass and entered into	After participants in
Outcome Tracker on key outcome measures: income, use/value of benefits,	FSS one and two years
credit score, debt-to-income ratio, savings pattern, escrow accumulation, asset	
development (i.e. interim and final escrow disbursements toward asset goals)	
For program graduates , IASP will review data collected by Compass on key	At time of program
outcome measures (see above) and success in achieving stated goals and	graduation
compare to other LHAND Section 8 FSS graduates and national data.	
Based on data collected in Compass Outcome Tracker, IASP will conduct	May - June 2013
preliminary cost benefit analysis assessing decreased costs in use of public	
benefits and increased tax revenues.	
At end of third year, IASP will produce analysis of findings and progress	June 2013
report on comparison of baseline and annual follow-up data for Economic Well-	
being and Financial Efficacy and Outcome Tracker results, and cost-benefit	
analysis and develop recommendations for the next phase of the program .	
Compass and IASP will discuss findings and recommendations with other	July 2013 and ongoing
stakeholders and interested MA FSS programs.	

APPENDIX B

COMPASS OUTREACH ACTIVITIES AND MATERIALS

	Targeted Outreach
Direct Mailing	9/10-1/11 Flyers to homes of all KIPP Students-300 families 1/5/11 Filtered Mailing #1 LHAND HCV list 76 families 1/19/11 Filtered Mailing #2 LHAND HCV list 151 families 2/9/11 Filtered Mailing #3 HCV list- 150 families 3/11/11 Filtered Mailing #4 HCV list -150 families 4/14/11 Educational Postcard Mailing HCV list -214 families 4/20/11 Educational Postcard Mailing HCV list 230 families 5/13/11 House Postcard Mailing to 450 families 6/23/11 House Postcard Mailing to 439 families (including new voucher holders) 7/6/11 Postcard mailing to 445 families
Meetings and Events	KIPP School Orientation 1/11 Meeting w/LHAND Section 8 Reps 6/14/11 Meeting w/LHAND Section 8 Reps
	Public Outreach
Flyer Distributions	Adult Classes at KIPP School Girls, Inc. Greater Lynn Senior Services (GLSS) Salem Five Banks-Lynn Lynn Economic Opportunity, Inc. (LEO) WIC Program Lynn Community Health Center (LCHC)
Listserv Advertising	GLSS Email Blast Weekly SCI Lynn website EOEA Email Blast Weekly SCI Email Blast
Media and PR	Taping at Latinos TV Show

Sample Compass Outreach Postcards



Believe in Yourself

Getting ahead. Not just getting by.



ORIENTATION

Wednesday, October 19, 2011 100 Munroe Street, Lynn 5:30 pm – 6:30 pm

COMPASS WORKING CAPITAL WHERE FAMILIES ASPIRE, PLAN, INVEST For more information contact: Sandra Suarez Compass Operations Manager 781.215.1153/www.compassworkingcapital.org



APPENDIX C Participant Responses to Post- Financial Education Workshop Survey

Drogrom Format/Structure
Program Format/Structure
"Maybe 2-2 hour session"
"If people could wait to end of the workshops to ask questions"
"Sessions should be broken up into smaller parts with more detailed info"
"More time talking about the workshops"
"Less of a break in between"
Delivery of Financial Education Workshops
"More time to go over material"
"If instructor has more detailed info, stays on tasks, also more real life examples would help"
"Explanations could be clearer"
"Some explanations could be clearer"
"Nothing that I can think of but more info wouldn't hurt; but program is great'
More Class Sessions
"More days, I like about at least 2 times a week for 3 weeks"
"By continuing'
"More classes'
"I would like to have a few more classes with these instructors; (it motivates me also), to know that
I'm doing what was supposed to be done (save)"
"(More info?) on how to get courses"
"I personally don't know how being that everything learned has been very helpful; perhaps adding
another week may be helpful"
Classes in Spanish
"Tener una clases hispana" (To have classes in Spanish)
"Espanol" (Spanish)
"Having material and speaker in Spanish for Spanish speakers that don't understand"
"Not sure yet, maybe having different classes for Spanish speaking participants"
Other Feedback for Improvement
"Just keep giving information to others so they can get ahead in their goals"
"pienso que los talleres fueron perfectos. muy amenos y educativo" (I think that the workshops were
perfect. Very enjoyable and educational)
"Everything is perfect"
"By telling friends"
"Not sure, they were very helpful"
"This has been so helpful that I couldn't find anything to be improved"
"I learned how to save"
"By telling your friends"
"I think they are great"
"I don't think it should be changed"
"These workshops I think are very prepared to give people information"
"Todos esta bien" (All is well)
"Me gusto mucho" (I liked it a lot)
"I thought the program was great overall. It has been very motivational for me. The first 2
workshops were awesome. Tonight's was a little confusing and slightly boring"

"I think you do a good job"

"the workshops were well put together no suggestions for improvement"

"not sure how to answer because it has been very helpful to me"

"I think everyone was very great at explaining everything"

"Thanks you everything was helpful and clear"

"I thought they were great the way they are"

"They were already thorough"

"Hire sonny to make everyone laugh (lol). Nothing classes are great"

"None; very helpful"

"Estan muy bien, pero si quieren poner mas cosas, sera muy bien" (all are very well, but if you want to put more things, it will be very good)

"continuar trabajando como hasta ahora" (Continue working as usual as for now)

Topics Participants Learned During the Workshops

Saving
"saving is key and repairing credit is beneficial"
"save money"
"how to save money"
"how to save money; be organize"
"it's never to early to start saving and also have to set goals"
"all about how to save monies"
"how save money"
"saving and building"
"The importance of saving money to meet goals .how it can be done"
"how saving very little can add up to a lot at the end of the year"
"savings account"
"how to save money"
"pay your bill on time, save money for any emergency, set a saving goal"
"the different ways to save and that I can do it. The programs that are out there to help"
"pay your bill on time, save money for any emergency, set a saving goal"
"the most important thing I learned from the workshops was setting goals to save"
"pay your self first, save, save, save"
"credit being very important to save money"
"paying yourself first, saving emergency fund"
"not to be scared and to take control of your finances and see future from saving/building"
"learned to save"
"that I should start displaying myself in financial savings"
"better ways to save and not spending so much"
"most important thing i learned was to save money by paying myself first"
"many different ways to start saving"
"how to set up financial goals and save"
"como guarder y pagar billes a tiempo" (how to save and pay bills on time)
"how important savings are and anyone can do it"
Credit and Debt
"how to repair credit"
"how to set my goal"
"sharing my credit report to see what I can do to make it better"
"credit"
"that I can now know that I can finally be able to have a better future"
"understanding debt and credit cards, credit report, and building my credit"
"That it is important to pay bill in full on time and when using credit cards, in order to keep score
upmust keep limit/balance ratio under 30%"
"Debt management"
"credit being very important save money"
"I learn a lot about my credit; saving"
"That I can be free of debt"
"control de deuda gastos" (controlling debt costs)
Budgeting
58

"how to manage your money"

"how to manage my money, know the difference of what I need and what I want"

"budgeting money and saving such is work but will be helpful in long-run"

"asking myself before making a purchase if its what I need or what I want budget"

"How to cut some of my spending"

"Apprendar dinero y no utilizarlo en cosas no necesarias" (money and not use it on things not needed)

"How to budget and save money and to pay bills on time. How to maintain my goals and move forward to being homeowner"

"Try to budget my money better"

"Try to budget my money"

"Budget my money and save money and always have a plan"

"Setting goals for the future, learning how to control what you spend"

"Budgeting is what helped me the most"

"The most important thing learned these three weeks is tracking any expenses"

Other Things Learned

"I learned that nothing happens overnite as we think/wish. Anything we want can be accomplished with correct tools and help"

"I personally think everything that was given was very helpful"

"my goals are possible and within my reach"

"to take responsibility"

"financias, savings"

"aprendy como haosas y a tenet ingreso"

"the different ways/experiences from others and instructions on budgeting. Managing your own \$\$\$. U an nituvated and in a way less stressed I just need to be self-discipline and not spend more than what the income is. That there is support, I have to support my family, so I will do or at least absorb as much knowledge from this class to better me."

"manejo de (devedas), metas"

"Everything"

"Que si puedo tener control de mis finanzas y lograr mis metas financier" (If I can have control of my finances and my financial goals)

"Prepare yourself for the future"

"Everything; loved it; great program; looking forward in learning more"

"To have opportunity to go back to school"

General Comments about the Compass Financial Education Workshops

Comments
"I liked the program a whole lot"
"very helpful program to make your goals"
"very good"
"very professional I like the way one thing was explained"
"I learn a lot, and I had fun coming for 3 weeks thank you a lot"
"an amazing program"
"para mi esta bien" (for me, it is well)
"no quiero que se termine" ("I do not want to finish")

" I am motivated, its about time I get myself in control, instead of being stressed over something I brought upon myself."

"There should be information about this program in places where people can be notified (like flyers)"

"I wish I signed up a year ago I would have a house"

"good workshop"

"muy bueno que puedas seguir con el talles" (very good that you can continue with the workshop)

"me siento muy satisfecho" (I am very pleased/satisfied)

"very helpful"

"muy excelentes" (very good/excellent)

"I learned a lot in the program"

"I enjoyed the environment and all the instructors gave great advice that would help me become more successful in accomplishing my goals"

"Loved all instructors for sharing there own real life situations and letting us know we are not alone; budgeting is scary at all levels"

"very informative and good food and coffee"

"gonna tell my friends"

"I think they are very helpful"

"son excelentes" (they are excellent)

"keep up the good work"

"I'm very thankful to have participated in the workshops, and looking forward to one-on one meetings"

APPENDIX D

NATIONAL FSS PARTICIPANTS' DEMOGRAPHIC DATA

Comparing HUD FSS Participants in 14 Tracking Sites and the 99 FSS Programs With the Tracking Group Participants

	Enrolled FSS Participants in Sample of FSS Programs (N=4,828)		Tracking Study Participants (N=181)		
	Mean	Median	Mean	Median	
Age	38 years	37 years	34 years	35 years	
Average annual income	\$14,107	\$11,747	\$16,030	\$14,196	
Employment status	Ν	%	Ν	%	
Full time	1,933	40	77	44	
Part time	529	11	47	27	
Not employed	2,350	49	53	30	
Missing	16		4		
Total	4,828	100	181	100	
Education (years of schooling)	Ν	%	Ν	%	
Less than high school (<12 years)	2,099	43	42	25	
High school graduate (12 years)	1,760	36	72	42	
Some college (13–15 years)	828	17	46	27	
College graduate (16+ years)	141	3	10	6	
Missing			11		
Total	4,828	100	181	100	

Source: de Silva et al. (2011).p.15

APPENDIX	Ŧ
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	Frequency	Percent
Gender	76	
Male	3	3.9
Female	73	96.1
Ethnicity	76	
Hispanic	43	56.6
Not Hispanic	33	43.4
Race*(Computed by Not Hispanic only)	33	
Caucasian/White	13	39.4
African-American/Black	15	45.5
Asian	2	6.1
Multi-Race	3	9.1
Marital Status	71	
Single	45	59.2
Married	5	6.6
Divorced	20	26.3
Separated	6	7.9
Age	76	
20-29	8	10.5%
30-39	39	51.3
40-49	19	25
50+	10	13.2
HH Size	76	
1	5	6.6
2	15	19.7
3	29	38.2
4	19	25
5	5	6.6
6	1	1.3
7	1	1.3
8	1	1.3
Children in Home	76	
0	11	14.5
1	21	27.6
2	26	34.2
3	15	19.7
4	3	3.9
Education	76	
Less than high school	18	23.7
High School diploma/GED	17	22.4
Vocational	6	7.9
Associates/2yr college	4	5.3
Some College	27	35.5
Bachelor's degree or higher	4	5.2
Years in Section 8	76	
Less than 2 yrs	17	22.4
3-5 yrs	30	39.5

COMPASS FSS PARTICIPANTS' DEMOGRAPHIC DATA

6-10yrs	20	26.3
11-20yrs	8	10.5
20yrs+	1	1.3
AMI Status	76	
30% AMI	34	44.7
50% AMI	35	46.1
80% AMI	7	9.2
Health Insurance	75	
Yes	69	90.8
No	6	7.9
Health Insurance Type	61	
MassHealth	37	48.7
Employer	16	21.1
CommonWealth Care	5	6.6
Employer & MassHealth	2	2.6
Medicare	1	1.3
Employment	76	
Unemployed	8	10.5
Part-time	27	35.5
Full-time Employed	41	53.9
Years Employed	66	
More than 2 years	45	59.2
1-2 years	5	6.6
6-12 months	3	3.9
Less than 6 months	13	17.1

Appendix F

LHAND FSS PARTICIPANT DEMOGRAPHIC AND ECONOMIC DATA

LHAND FSS Participant Demographic Characteristics	Frequency	Percent
Gender	40	
Male	4	10
Female	36	90
Ethnicity	40	
Hispanic	22	55
Not Hispanic	18	45
Race	40	
Caucasian/White	25	62.5
African-American/Black	15	37.5
Asian	0	0
Multi-Race	0	0
Age	40	
20-29	6	15
30-39	18	45
40-49	12	30
50+	4	10
HH Size	40	
1	6	15
2	10	25
3	9	22.5
4	9	22.5
5	5	7.5
6 7	2	5
8	1	2.5
	0	0
Children in Home	36	12.0
0	5	13.9
$\frac{1}{2}$	9	25
23	10	27.8
4	3	<u>19.4</u> 8.3
5	2	5.6
Years in School	40	5.0
0	5	12.5
10	1	2.5
11	2	5
12	23	57.5
13	23	5
14	3	7.5
15	1	2.5
16	2	5
17		
18	0	0
19	0	0
20	1	2.5

Years in FSS	40	
2006	1	2.5
2007	9	22.5
2008	14	35
2009	12	30
2010	4	10
Employment	39	
Full-time	17	43.5
Part-time	9	23.1
Unemployed	13	33.3
Years Employed	26	
More than 2 years	25	96.1
1-2 years	1	3.8

LHAND FSS Participant Economic Data	Frequency	Percent	Mean	Median
Annual HH Income	40	100%	\$22,407	\$19,636
\$0	2	5		
\$1-\$20,000	18	45		
\$20,001-\$30,000	8	20		
Above \$30,000	12	30		
Total Wage Income	40	100%	\$13,656.05	\$13,124
\$0	15	37.5		
\$1-\$20,000	13	32.5		
\$20,001-\$30,000	6	15		
Above \$30,000	6	15		
Escrow	40	100%	\$1762.64	\$677.93
Participants with Positive Escrow Balance	25	62.5	\$2820.22	\$1346.68
Participants with Zero Escrow Balance	15	37.5		
\$0	15	37.5		
\$1-\$500	6	15		
\$501-\$1000	5	12.5		
\$1001-\$1500	4	10		
\$1501-\$2000	1	2.5		
\$2001-\$2500	2	5		
\$2501and above	7	17.5		
Housing Subsidy (Current HAP)	40	100%	\$788.70	\$856.50
Child Care Voucher	14	35%		
1 child	7			
2 children	5			
3 children	2			