Building On Success: Innovations in End-of-Life Care

Angie Montes Truesdale Director, Public Policy National Hospice & Palliative Care Organization NHPCO Hospice Action Network

Hospice: a Medicare Success

MEDICARE BENEFICIARIES TO 2030

The number of people Medicare serves will nearly double by 2030

Number of Medicare Beneficiaries



Source: CMS, Office of the Actuary.

Medicare Enrollment (millions)

2008 Medicare Hospice Data

Total Medicare Patients Served	1,050,705
Total Medicare Reimbursement for 2008	\$11,197,481,617
Total Days of Care	74,968,108
Average Payment per Patient	\$10,657
Average Length of Stay	71 days

Number of Hospice Deaths in US



US Hospice Patient Growth 1982 – 2008



Source: National Hospice and Palliative Care Organization. October 2009

Total Hospice Providers by Year



Source: NHPCO Facts and Figures 2004-2008

Medicare Certified Hospices by State



Hospice Spending Tripled between 2000 and 2008



Source: CMS Office of the Actuary

Average and Median Length of Stay



Source: NHPCO National Data Set 2001 - 2008

Patients by Payer Source

Payer	2008	2007
Medicare	84.3%	83.6%
Managed Care or Private Insurance	7.8%	8.5%
Medicaid	5.1%	5.0%
Uncompensated or Charity Care	1.3%	1.3%
Self Pay	0.7%	0.9%
Other Payment Sources	2.9%	2.9%

Location of Death

Location of Death	2008	2007
Patient's Place of Residence	68.8%	70.3%
Private Residence	40.7%	42.0%
Nursing Facility	22.0%	22.8%
Residential Facility	6.1%	5.5%
Hospice Inpatient Facility	21.0%	19.2%
Acute Care Hospital	10.1%	10.5%

Source: NHPCO Facts and Figures 2009

Policy Goals

"Bending the cost curve"

Dartmouth Atlas

•Almost 55 percent of total spent in last two years of life was in an acute care setting

•27 percent of Medicare costs are in last year of life

Duke Study
Hospice saves, on average, \$2,300 per patient
Cost effective for 233 days (cancer)
Cost effective for 154 days (non-cancer)
Costs would be reduced for 7 out of 10 patients if hospice was used longer

New Models of Care

NHPCO Innovations

- Concurrent Care
 - 6 months (hospice eligible)
 - Hospice provides normal range of services
 - Concurrent "conventional therapies" allowed
 - Hospice paid "normal" rates
- Transition Care Management
 - 18 months
 - Consultative services
 - Provided by team or individual members of IDT
 - Hospice paid according to physician rates, or by services

Concurrent Care Model

- Patients must be terminally ill
- Six month prognosis required (mirrors hospice)
- Hospice provides full range of services
 - Palliation and management of terminal illness
- Patient receives full range of "conventional" services
 - Billed to Medicare, based on service provider

Transitional Care Management Model

- Patients must be terminally ill (advanced illnesses)
- Life expectancy of 18 months or less
- Patients and families would have access to full range of conventional therapies
- Reimbursement based on consultative model
 - Based on physician fee schedule, varies based upon professional delivering services

TCM, continued

- Hospice would provide, as needed:
 - Palliative care services
 - End-of-life care planning
 - Counseling
 - Advance care planning
 - Informed decision making
 - Discussions of supportive services

Expected Results

Lowered costs

- Fewer emergency room visits
- Fewer ambulance charges
- Fewer acute care hospital stays
- Less futile care
- Higher patient satisfaction
 - Meeting patient (and family) needs
 - Better understanding of care goals
 - Better coordination of care

Assessment

- Comparison of costs from date of admission until death to matched cohort group
- Location of death and number of health locale transitions
 - including amount of time spent in each
- Quality of life measures
 - Family Evaluation of Hospice Care (FEHC)
 - Patient Evaluation of Hospice Care (PEHC)

Evaluation

Academic institution

- Experienced in studying cost effectiveness in end of life care
- Interim report at end of 18 months
- Final report due not later than one year after completion of project

Next Steps

- Concurrent care model is in HCR bill
- Transitional Care management model included in NHPCO legislative agenda
 - Included in S. 1263.
 - Drafting by task force of Public Policy Committee
 - Inclusion in improvement and accountability package
 - Congressional sponsors
 - Introduction, hearings and passage

Questions & Discussion?