



National Center for  
**Disability & Pregnancy Research**

# Disabled women from racial and ethnic minority groups have a higher likelihood of unintended pregnancy

## What is Pregnancy Intendedness?

An intended pregnancy is one that is wanted at the time that it happens. An unintended pregnancy may be wanted but mistimed, not planned, or not wanted when it happens. Examining pregnancy intendedness may be helpful in understanding healthcare access as well as maternal and child health outcomes.

## What the Researchers Wanted to Know

Not enough is known about pregnancy intendedness among disabled women from minoritized racial and ethnic groups. The researchers wanted to know if pregnancy intendedness differed by disability status and race or ethnicity.

## What the Researchers Did

The researchers analyzed data from 12,833 women (34,463 pregnancies) who were interviewed from 2011 to 2019. Self-reported disabilities fell into 6 categories: hearing, vision, cognition, mobility, self-care, and independent living.

## What they Learned

Disabled women from minoritized racial and ethnic backgrounds were more likely to report an unintended pregnancy than White nondisabled women. They were also more likely to have unintended pregnancies than nondisabled women with the same racial or ethnic background.

## Compared to nondisabled, non-Hispanic White women...

