

Are you a pregnant person with a disability who would like support developing an **Accessible Pregnancy Action Plan** ?

Our research team is working to develop a tool, which we call the **Accessible Pregnancy Action Plan**. This tool would help pregnant people with disabilities think about what they need during pregnancy, during birth, and after having their baby.



We are looking for:

- Pregnant people with disabilities, who are ...
- between 12 and 36 weeks pregnant with their first child, and who ...
- speak English or use ASL to communicate.

Participants will work on their Action Plan with a peer facilitator, who is also a parent with a disability. These meetings will take place over Zoom. There will be between 2 and 4 meetings.



Most participants will complete the intervention in two sessions. They will be paid \$50 per session. Participants who complete the program will also be compensated an additional \$50.



If you have questions, please contact: kara.ayers@cchmc.org



If you'd like to participate, please complete this survey:

<https://redcap.link/caka65t0>

