

Medicaid: Issues for the Future

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NATIONAL ACADEMY
FOR STATE HEALTH POLICY

nashp.org

About NASHP



The National Academy for State Health Policy (NASHP) is a nonpartisan organization committed to developing and advancing state health policy innovations and solutions.

NASHP provides a unique forum for the productive exchange of strategies across state government, including the executive and legislative branches.



- To improve the health and well-being of all people across every state.
To be of, by, and for all state by providing nonpartisan support for the development of policies that promote and sustain healthy people and communities, advance high quality and affordable health care, and address health equity.
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NASHP Engagement of State Leaders

Health and
Human Services
Secretaries

Medicaid
Directors

Behavioral Health
Directors

Insurance
Commissioners

Governor's
Advisors

State Legislators

Medical Directors

Title V & CYSHCN
Directors

State Based
Marketplaces

Health Equity
Officers

Career and
Program Staff

Aging and
Disability
Directors

Public Health
Directors

State Health Priorities – 2023-2024

Medicaid
Unwind

Health Care
Workforce

Behavioral
Health

Cost and
Value of
Health Care

Social
Drivers of
Health

Health
Equity

Maternal
Health

Aging

Public
Health

Behavioral Health

Substance Use and Overdose

- Increasing access to treatment and recovery
- Engagement of community
- Opioid settlement funds

Mental Health

- Crisis response continuum & 988
- Integrated and whole person care
- Children's mental health crisis

Workforce shortages and provider capacity

- Peer supports and community-based workforce
- Team based approaches

Social Drivers of Health and Health Equity

Health Related Social Needs

- Target populations: health and social risk criteria
- Covered benefits:
 - Housing supports
 - Nutrition supports
 - Case management, outreach, and education
 - Infrastructure and capacity building
- AZ, AR, CA, MA, NJ, OR, and WA received section 1115 demonstration waivers

Reentry from Carceral Settings

- 90 days of in-reach services to support transitions to the community
 - Case management
 - Clinical consultations
 - Medications (incl. MOUD)
 - Community Health Worker services
- CA and WA received section 1115 demonstration waivers

Health Equity

- Race, ethnicity, age, language, and disability data collection, curation, and contextualization
- Community engagement and fostering partnerships
- Whole-person and person-centered care

Maternal and Perinatal Care

Midwives: Trained birth workers who provide care during the perinatal period.

- All 50 state & DC Medicaid programs reimburse certified nurse midwives (CNM)
- At least 19 states reimburse midwives without a nursing degree in Medicaid
- States are also:
 - Expanding covered services
 - Including CNMs as primary care providers
 - Implementing payment reforms

Doulas: Nonclinical birth workers trained to provide support during the perinatal period.

- Taking action to increase access to doula services (at least half of states)
- Implementing doula benefits in their Medicaid programs (8 states and DC)
- Encouraging managed care to offer doula services
- Using Title V dollars or pilot programs
- Establishing training and certification

Coverage Extensions

- 12 months postpartum coverage
- Continuous eligibility for children

Aging

Direct Care and Family Caregivers

- Severe shortages in direct care workers
- Role of family caregivers
- States approaches:
 - Medicaid reimbursement
 - Develop career pathways
 - Ensure financial and workplace security

Home and Community Based Services

- States are rebalancing toward home and community-based services
- States approaches:
 - Expand technology and remote supports
 - Continue Medicaid HCBS flexibilities implemented during the public health emergency

Nursing Homes

- More than 70% of Americans do not want to be in nursing homes
- States approaches:
 - Nursing home report cards
 - Incentivize quality improvement projects
 - Nursing home quality accountability task forces

Health Workforce

Primary Care

- Nurses, NPs, and APRNs
- Physicians, PAs
- Technicians, Admin Support

Behavioral Health

- Psychiatrists
- Crisis Service Providers
- Peers
- School mental health

Long Term Care

- Nursing facility staff
- Direct care workers
- Family caregivers

Public Health

- Immunization workforce
- Local public health agencies

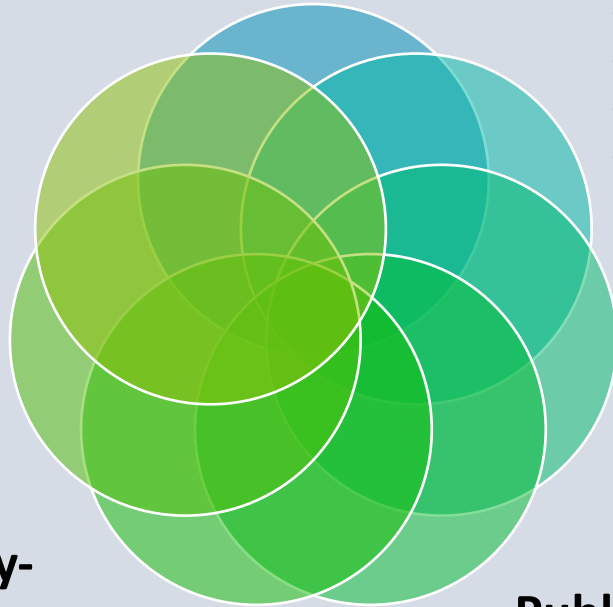
State Agency Workers

Perinatal Health

- Doulas
- Non-certified nurse midwives

Community-Based

- Community Health Workers
- Community-based organizations



Policy Strategies

- State Planning, Workgroups, and Committees
- Investments Based on Shortages
- Licensure Data Collections and Analysis
- Medicaid GME
- Leveraging Telehealth and Workforce Extenders in Medicaid programs
- Community-Based Workforce
- Practice at the Top of the License
- Primary care investments

Thank you!

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