Accountable Care Organizations

> Michael Chernew May 13, 2015

DO NOT CITE OR CIRCULATE



FFS

- Pay for each service separately
 - Consistent with fragmented delivery system
 - Incentivizes quantity of services rather than quality
 - Hard to get prices right
 - Hard to impose accountability

Pay for performance may promote quality, but does not fundamentally address concerns



Wide Range of Strategies

Global models

- ACOs
- CCOs (Oregon)
- AQC
- Episode bundles
 - BPCI
 - Arkansas
 - BCBS NJ
- Medical home based models
 - Comprehensive primary care initiative
 - CCNC
 - Carefirst



Evaluations



AQC had Growing Impact



Song, Zirui, et al. "Changes in health care spending and quality 4 years into global payment." New England Journal of Medicine 371.18 (2014): 1704-1714.



Pioneers had Modest Savings

| Spending category | Quarterly mean | Differential change from 2009-11 to 2012 for ACO group vs. control, \$ | Savings, % |
|-----------------------|-------------------|--|---------------|
| Total | 2456 | -29.2* | -1.2 |
| Acute inpatient | 911 | -13.5* | -1.5 |
| Total outpatient | 793 | -6.9 | -0.9 |
| Office | 405 | 7.3 | +1.8 |
| Hospital outpt dept | 388 | -14.2* | -3.7 |
| Poste-acute (SNF/IRF) | 271 | -8.7* | -3.2 |

*P<0.05



Spending Results Continued

- Total spending was similar for ACOs with and without financial integration
- Savings were greater for ACOs with baseline spending above the local average
 - \$39.4/quarter more in savings (P=0.048)
- Savings were greater for ACOs serving highspending areas
 - \$56.3/quarter more in savings (P=0.04)
- Savings similar in drop outs



ACOs do not adversely affect patient experiences (and may improve them)

| Overall Rating | Adjusted Means Preintervention Group | Differential Change in ACO Group | Effect Size |
|----------------------|--|--|-------------|
| Overall | 8.59 | 0.02 | 0.2 |
| Primary physician | 9.04 | 0.00 | 0.0 |
| Specialist | 8.94 | 0.01 | 0.01 |

Overall care ratings for high risk patients (7+ CCW conditions and HCC score >1.10) improved significantly

- Differential change 0.11, P=0.02
- These improvements correspond to moving from average performance to 82nd-96th percentile among ACOs

Effect size is the change divided by the standard deviation in the ACO group $T_{\rm c}$

ACO quality performance either improved slightly or did not change

| Quality Measure | Annual mean | Differential change for ACO group vs. control |
|---------------------------------|-------------|--|
| 30-day readmissions, no. | 0.26 | 0.00 |
| Hospitalizations for ACSCs, no. | 0.06 | 0.00 |
| CHF | 0.02 | 0.00 |
| COPD | 0.01 | 0.00 |
| CVD and DM | 0.02 | 0.00 |
| Mammography, % | 55.2 | 0.0 |
| Preventive services for DM, % | | |
| A1c testing | 73.1 | 0.5* |
| LDL testing | 77.4 | 0.5* |
| Eye exams | 55.2 | 0.8* |
| Received all 3 | 38.5 | 0.8* |





Private Reform Affects Medicare



TLAB



