

Home and Community-Based Services (HCBS) that millions of Americans with disabilities require to live are considered “optional services.”

“HCBS are “optional services” that states *may* provide through Medicaid, but do not have to. This means that if states face budget crunches, these services will be among the first cut. **Optional services include personal care, respite, family support, supported employment.***

States facing budgetary challenges may opt to cut HCBS that disabled people rely on *first*.



* Source: Caldwell & Machledt, *Advancing Policy and Practice in Medicaid Home and Community-Based Services Quality*