



National Research Center for Parents with Disabilities  
Parents Empowering Parents  
Padres Empoderando a Padres

## WEBINAR

---

# How Prospective Parents with Disabilities Can Prepare for Parenthood

Wednesday, April 11<sup>th</sup>

1:00 – 2:00 pm EST

[SIGN UP TODAY](#)



**Kara Ayers, Ph.D.**

Co-Founder,  
Disabled Parenting Project  
Associate Director, University of  
Cincinnati Center for Excellence  
in Developmental Disabilities



**Erin Andrews, Psy.D., ABPP**

Co-Founder,  
Disabled Parenting Project  
Clinical Associate Professor,  
University of Texas at Austin  
Dell Medical School

This webinar will focus on strategies for prospective parents with disabilities to prepare themselves and their families for parenthood. Presenters will discuss the initial considerations of conception and adoption, and explore preliminary consultation in order to identify disability affirmative service providers. Participants will learn how to identify peer support among disability parenting communities to utilize for advice and support. The early identification of adaptive parenting tools and resources will be emphasized.

This webinar is for people with disabilities who want to become parents. We will talk about ways to prepare for parenthood, including:

- Pregnancy and adoption
- Scheduling a family planning appointment
- Finding disability-friendly service providers
- Creating a support network with disability parenting communities

---

CART services will be available.

For more information, contact the National Research Center for Parents with Disabilities, The Lurie Institute for Disability Policy at [parentscenter@brandeis.edu](mailto:parentscenter@brandeis.edu)  
<http://www.centerforparentswithdisabilities.org>