



National Research Center for Parents with Disabilities  
Parents Empowering Parents  
Padres Empoderando a Padres

## WEBINAR

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# Family Mental Health Begins with Parents

Wednesday, March 14<sup>th</sup>

2:00 – 3:00 pm EST

[SIGN UP TODAY](#)



### Joanne Nicholson, Ph.D.

Professor of Psychiatry  
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Many parents experience a mental health condition in their lifetime. Likewise, the majority of individuals living with mental illnesses are parents. Families are the focus of mental health promotion, mental illness prevention, treatment & rehabilitation. Social workers will learn about different types of interventions for parents with mental illness and their families, the advantages of leveraging access to mainstream resources, and the need to enhance existing practices to make them parent-informed and family-focused. Recognize the importance of parenting and families in promoting community inclusion, and the contribution of community inclusion to rehabilitation and recovery.

***This program is Approved by the National Association of Social Workers (Approval # 886742820-6832) for 1 continuing education contact hours.***

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For more information, contact the National Research Center for Parents with Disabilities, The Lurie Institute for Disability Policy at [parentscenter@brandeis.edu](mailto:parentscenter@brandeis.edu)  
<http://www.centerforparentswithdisabilities.org>